

Course Catalogue for HIV Education and Training NY

www.hivtrainingny.org

The NYSDOH AIDS Institute’s HIV, STI and Viral Hepatitis Training Programs offer trainings on HIV/AIDS, sexually transmitted infection (STI) and viral hepatitis trainings across New York State.

The courses listed below are considered core to our strategic priorities and therefore, we attempt to offer them on a regular basis. The course calendars come out April 1st and October 1st each year.

Questions? Please contact us at (518) 474-3045 or hivet@health.ny.gov. **To view upcoming courses, copy and paste title into Course Title field or search under the “Course List” tab.** You will be prompted to login to your account on www.hivtrainingny.org.

Available In-person Courses

Face-to-Face Courses	Course Description
<u>Active Drug Users and HIV/Hepatitis C Retention in Care and Treatment Adherence</u>	This one-day training is designed to assist health and human services providers in promoting retention in care and treatment adherence with active substance users. Topics to be covered during the training include: defining active substance use, including levels of use; strategies for talking with clients about the importance of maintaining healthcare; harm reduction strategies and tools for working with active substance users.
<u>Addressing Trauma Among Black and Latino Gay Men and Men who have Sex with Men</u>	This half-day training will help health and human service providers to recognize trauma in their clients and to take steps towards providing trauma-informed care. Trauma has a pervasive impact on an individual’s mental health, particularly if an individual lives within a community also impacted by trauma. Black and Latino gay men and men who have sex with men (MSM) are exposed to disproportionate rates of trauma, ranging from verbal harassment to physical violence, including sexual assault. Traumatic events may relate to both their racial and sexual identities. It is important for health and human services to be trauma responsive at all points of entry into care and to take steps to avoid re-traumatization of clients as they access services.
<u>Advanced Motivational Interviewing – Applying the Four Processes</u>	This one-day training is designed for non-clinical providers working with clients presenting with high risk behaviors and/or those who are HIV positive. This course builds on the basic core communication skills of Motivational Interviewing (MI) and provides an overview of the four processes of the MI approach.
<u>Building Bridges to Cultural Competency</u>	This one-day training explores the broad definition of culture and its relationship to competent and effective health care and human service delivery.

Face-to-Face Courses	Course Description
<u>Crystal Meth, MSM and HIV: An Update</u>	<p>This two-day course will increase knowledge of methamphetamine use among MSM, the connection to HIV and Hepatitis, harm reduction strategies and treatment issues. Methamphetamine use by MSM is not a new idea in New York State. However, recently there has been an increase in crystal methamphetamine use among MSM of color.</p>
<u>Ensuring Competencies for Hepatitis C Testing</u>	<p>This one-day training will define the specific competencies that all staff who offer HCV screening should be able to carry out on a consistent basis in their work with clients. Participants will receive specific tools and resources to assist with meeting these competencies. Through interactive role plays and real life examples, participants will practice delivering tailored information about Hepatitis C transmission, prevention, diagnosis, disease progression and treatment. The training will include use of self-assessment tools to help participants build their competencies in all areas of HCV testing, including basic education about HCV, provision of test results, linkage to diagnostic testing, health care services and harm reduction messaging.</p>
<u>Group Facilitation Skills for STD/HIV Prevention Interventions</u>	<p>This two-day training will help to increase providers' confidence, knowledge and skills in facilitating groups, particularly for group level HIV/STD prevention interventions (e.g., Centers for Disease Control and Prevention evidenced-based interventions).</p>
<u>Harm Reduction Approach Overview</u>	<p>This one-day training will provide health and human service providers with a comprehensive overview of Harm Reduction. Harm reduction is a practical set of strategies designed to prevent disease and promote health by “meeting people where they are” rather than making judgments about where they should be in terms of their personal health and lifestyle. Recognizing that not everyone is ready or able to stop risky behavior, harm reduction focuses on promoting ways to reduce the health risks associated with drug use and other high risk behaviors. This course will assist providers in more effectively engaging their clients in a range of interventions to reduce the risk of harm.</p>
<u>Health Literacy in HIV, STI and Viral Hepatitis Care – Health Literacy in Patient Care</u>	<p>This half-day training will provide health and human services providers an overview of health literacy and give participants the opportunity to develop skills utilizing health literacy universal precautions to clearly communicate with patients or clients. At completion of this training, participants will be able to apply two health literacy strategies, plain language and teach back method, into their work.</p>

Face-to-Face Courses	Course Description
<u>Healthy Sex! Linking Gay Men and MSM to Sexual Health Services</u>	<p>This one-day training is designed to help participants become more comfortable discussing sexual health issues with MSM (men who have sex with men). It will provide an overview of the role of the non-medical provider in addressing barriers to linkage and retention in care for MSM, and methods to help MSM become advocates for their sexual health. The course will address participants’ values, attitudes, and beliefs about MSM, and offer guidance on how to employ a sex-positive approach to such areas as anal sex and cancer, substance use, STIs (including HIV and HCV), PEP and PrEP, serosorting, condoms, and treatment as prevention.</p>
<u>Hepatitis C Basics for Peer Workers</u>	<p>This one-day training will offer peer workers information about hepatitis C and will cover basic facts about hepatitis A and B.</p>
<u>Hepatitis C Medical Care and Treatment Update for Peer Workers</u>	<p>This one-day training will review the latest advances in treatment for Hepatitis C (HCV) and increase awareness of HCV Peer Workers about the overall medical care needs of people living with HCV. The training will review New York State core competencies for HCV peer workers related to supporting clients in accessing HCV medical care and treatment. It will provide peer workers with an opportunity to reflect on a wide range of ethical issues as well as their own attitudes and beliefs about HCV treatment with the goal of building peer worker skills in motivating and engaging clients in HCV medical care and treatment.</p>
<u>Hepatitis C Prevention with Young People Who Inject Drugs (PWID)</u>	<p>This one-day training will explore Hepatitis C virus (HCV) prevention for young (18-29 years) people who inject drugs (PWID) in both urban and non-urban settings. The training will emphasize the link between viral hepatitis infection, prescription opioid misuse, and the potential for transition to heroin. Through interactive skills building activities, participants will identify strategies for effective and culturally competent engagement and intervention with youth who inject drugs.</p>
<u>Hepatitis C Screening, Diagnosis and Linkage to Care</u>	<p>This one-day training will help increase non-clinical health and human services provider’s knowledge of Hepatitis C (HCV) screening, diagnosis and the importance of effective linkage to care for persons infected with HCV.</p>
<u>Hepatitis C Treatment Update for Health and Human Service Providers</u>	<p>This half-day training will describe the role of non-clinical health and human services providers in supporting clients living with chronic hepatitis C as they consider starting hepatitis C treatment. Participants will become familiar with current guidelines regarding treatment, issues relating to treatment access, and patient assistance resources.</p>

Face-to-Face Courses	Course Description
<u>HIV and Hepatitis C Co-infection</u>	<p>This half-day OR full-day training is for health and human service providers who work with people living with HIV and who need updated information about HIV/HCV co-infection in order to provide effective services to their clients. More than 25% of people living with HIV in the United States are co-infected with the Hepatitis C virus (HCV). Among people who acquired HIV as a result of injection drug use, the rates of HIV/HCV co-infection may be as high as 90%. HCV screening is recommended for all persons living with HIV.</p>
<u>HIV Disclosure: Deciding Who & When to Tell</u>	<p>This half-day training will increase health and human services providers' awareness of the multifaceted issues clients face when contemplating HIV status disclosure to family, friends and service providers. Participants will develop the skills necessary to conduct timely ongoing assessments and discussion of HIV status disclosure as a component of effective service planning.</p>
<u>HIV Peer Worker Role in Patient Navigation</u>	<p>This two-day training will prepare HIV Peer Workers to help people with HIV who are newly diagnosed or who have fallen out of care learn to navigate the health care and social service delivery system. This two-day course draws from recently published guidelines from the International Association of Providers in AIDS Care and other best practices. This training will provide Peer Workers with the tools necessary to assist people with HIV in navigating the complexities of HIV care in the role of patient navigator.</p>
<u>HIV Testing in NYS</u>	<p>This half-day training will provide information about New York State Public Health Law related to HIV testing and will provide staff who offer HIV testing in clinical and community based settings with a host of free New York State resources related to HIV testing.</p>
<u>HIV Testing: Skills Practice Session</u>	<p>This one-day training will provide participants with an opportunity to practice key skills related to offering HIV testing services.</p>
<u>Improving Health Care with People Who Use Drugs (PWUD)</u>	<p>This half-day training is designed to help non-clinical service providers engage with their clients who use drugs around issues related to health care. It will explore the systemic and individual context in which people who use drugs (PWUD) seek health care and the unique challenges they face in accessing quality health care. The training will provide tools and strategies to offer clients when navigating the health care system, highlighting ways to strengthen and build positive relationships between clients who use drugs and their health care providers.</p>

Face-to-Face Courses	Course Description
<u>Intro to Co-Occurring Disorders for Clients with HIV/AIDS</u>	<p>This one-day training will introduce non-physician providers to co-occurring disorders (substance abuse and mental illness) and their impact on people living with HIV/AIDS. The training will also review trauma and its impacts on care as well as “red flags” or warning signs that might indicate a problem with substance abuse and/or mental health. Participants will also be offered tools for making referrals for appropriate treatment for clients who may be experiencing co-occurring disorders.</p>
<u>Introduction HIV, STIs and Viral Hepatitis</u>	<p>This one-day training will prepare non-physician health and human services providers to address HIV, sexually transmitted infections (STIs) and viral hepatitis in an integrated, client-centered manner. The training will review the similarities and differences in transmission, screening, available treatments and needed support services for each of the diseases. The training will emphasize the connection between these diseases and the skills needed to effectively interact with clients whose sexual or substance using behaviors place them at risk for HIV, STIs and viral hepatitis.</p>
<u>LGBT Cultural Competency</u>	<p>This one-day training is designed to build the knowledge, attitudes and skills needed to enable non-physician health and human services providers to deliver culturally competent services to the diverse range of lesbian, gay, bi-sexual, transgender and questioning (LGBTQ) clients they serve. This interactive training will help providers identify best practices for creating a welcoming and safe environment for LGBTQ clients. It will also help participants identify communication skills needed for effective engagement of the wide range of LGBTQ clients at risk for, or living with, HIV, STIs or Hepatitis C.</p>
<u>More Choices, Safer Sex: What the Female Condom Can Do for Your Client</u>	<p>This one-day training will provide current data on female condom efficacy and acceptability, hands-on practice that addresses proper female condom insertion and use-related challenges, and strategies and skills to help participants provide clients with effective condom negotiation skills.</p>
<u>Motivational Interviewing</u>	<p>This one-day training is designed for non-clinical providers working with clients presenting with high risk behaviors and/or those who are HIV positive. This course will provide an overview of the Motivational Interviewing approach and its value as a client-centered directive intervention. The course focuses on helping providers address client ambivalence and the use of tools to help clients move towards less risky behaviors and change.</p>

Face-to-Face Courses	Course Description
<p>NYS AIDS Institute Pre-Certification Peer Worker Training Workshop*</p> <p><i>*To register please call Stephen Sebor at 631-444-3209</i></p>	<p>This three-day training is intended for people seeking to become NYS AIDS Institute Certified Peer Workers who are either currently employed as a Peer Worker or who have been selected by an agency for possible future employment as a Peer Worker. The interactive training helps participants build the knowledge, attitudes and skills needed to use their lived experience of HIV, HCV or accessing harm reduction services as a vehicle to help clients.</p>
<p><u>Overview of Stage-based Behavioral Counseling</u></p>	<p>This one-day training is designed to help health and human service providers gain knowledge and skills in Stage-based Behavioral Counseling approaches and their applied use in HIV/STI/VH prevention and care services. Staged-based Behavioral Counseling is an adaptation of the stages of change/transtheoretical model of behavior change theory.</p>
<p><u>Peers Providing Trauma Informed Care</u></p>	<p>The one-day training will provide Peer Workers with an overview of trauma and Trauma-Informed Care and the effects of trauma, re-traumatization and how Peer Workers can utilize a Trauma-Informed approach. The training will emphasize the impact of trauma on clients, as well as the importance of using a Trauma-Informed approach within their agencies. The training will review how Peer Workers can work with other members of the care team to help clients access needed services to address the impact of trauma on their lives, including strategies for destigmatizing mental health services. The training will also allow Peer Workers to consider the impact of trauma on their own lives and will review self-care strategies to remain balanced when working clients who have experienced trauma.</p>
<p><u>Peer Workers: Promoting Primary Care and Treatment Adherence for HIV</u></p>	<p>This two-day training is designed to increase awareness of Peer Workers about HIV primary care guidelines, the HIV Treatment Cascade, health insurance options, and treatment adherence. Peer Workers who are aware of HIV primary care guidelines and strategies for supporting treatment adherence can play an important role in improving the health outcomes of people living with HIV.</p>
<p><u>Positive Prevention: Connecting Care and Prevention</u></p>	<p>This one-day training will provide participants with updated information and strategies for promoting prevention among people living with HIV/AIDS. The latest research demonstrates that early initiation of treatment, retention in care and viral load suppression are critical to the health of people with HIV and also play a key role in reducing new infections. Participants will learn strategies for coupling messages about the importance of clinical care with behavioral interventions to address the risks associated with sexual and substance using behaviors.</p>

Face-to-Face Courses	Course Description
<u>Promoting Health Care Coverage for People Living with HIV/AIDS in New York State</u>	<p>This one-day training is designed to assist health and human service providers to better understand issues related to accessing health coverage, including resources to pay for medical appointments, laboratory testing and medications. This training will provide a comprehensive overview of health coverage options for people with HIV and discuss how being enrolled in a health plan does not guarantee that a client is prepared to access the full range of available benefits.</p>
<u>Promoting Primary Care & Treatment Adherence for HIV Positive Individuals</u>	<p>This one-day training is designed to increase awareness of non-physician health and human services providers about HIV primary care guidelines, the HIV Treatment Cascade, health insurance options, and treatment adherence. Providers who are aware of HIV primary care guidelines and strategies for supporting treatment adherence can play an important role in improving the health outcomes of people living with HIV.</p>
<u>Role of Non-Clinicians in Promoting PrEP</u>	<p>This half-day training will prepare non-clinical health and human services providers to educate their communities about PrEP, work with clinical providers to expand access to PrEP and provide support to clients who are taking PrEP.</p>
<u>Safer Injecting and Wound Care</u>	<p>This one-day training will build participant knowledge and skills to work with clients around safer injection practices and complications associated with injecting. This course will provide an overview of the basic anatomy of veins and arteries; the supplies and equipment used to inject drugs; common injections practices; basic care for injection-related infections and wounds, and harm reduction strategies for working with substance users and people who inject drugs.</p>
<u>Sex, Gender and HIV/STDs</u>	<p>This two-day training is designed to help health and human services providers promote sexual health among their clients by building their capacity to talk sensitively and non-judgmentally about sexual identity, gender identity and sexual behaviors. Topics to be covered during the training include: sexual and gender identity; strategies for talking with clients about sexual health issues; HIV/STD prevention and harm reduction strategies for sexual behaviors.</p>

Face-to-Face Courses	Course Description
<u>Sexual Health, HIV and Older Women</u>	<p>This one-day training will provide details and insight around the role of support providers in addressing some of the unique sexual health concerns of older women living with HIV. The course will focus on strategies to respond to the needs of older women and advocate for improved health outcomes. Specifically, this course will address: sexuality and sexual health of older women with HIV; menopause; sexual risk and decision making; and sexual trauma and its impact on sexual risk taking.</p>
<u>Sexual Health Programming for Older Adults: Implementing the Older Adults and Sexual Health Guide</u>	<p>This full-day training is designed to help providers who work with aging populations, including senior center staff, become more comfortable discussing sex and healthy sexual behaviors with older adults. The training provides context around healthy aging, sexual function and dysfunction, as well as the significance of immunosenescence (natural decline of the immune system due to older age), while managing STI and HIV prevention.</p>
<u>Supporting Sexual Health Among Young MSM of Color</u>	<p>This one-day training will explore the social factors that impact sexual and substance use behaviors among young men who have sex with men (MSM) of color. Health and human services providers will examine how these factors contribute to high rates of sexual and substance use risk behaviors among HIV positive and HIV negative MSM of color.</p>
<u>Surviving and Thriving: Older Gay Men and MSM Living with HIV</u>	<p>This one-day training will prepare non-physician health and human services providers to support older gay men and MSM with retention in medical care, achieving viral suppression and promoting behaviors that will prevent transmission of HIV to their partners.</p>
<u>Targeted Recruitment to Promote HIV Testing</u>	<p>This one-day training is intended to increase non-clinical health and human service provider's capacity to design well-informed targeted recruitment strategies. Recruitment strategies addressed in this training will focus on identifying and engaging persons who are at high risk and with unknown HIV status, in HIV testing services.</p>
<u>Transgender Health 102: Addressing Barriers to Care for Transgender People</u>	<p>This one-day training will provide an overview of the role of the non-medical provider in addressing the barriers to accessing health care that transgender and gender non-conforming people routinely face. This course will address participants' values, attitudes, and beliefs about transgender people, and review best practices for creating a welcoming and safe environment for transgender clients. It will also help participants to improve communication skills needed to effectively engage a wide range of transgender people who are at risk for, or living with, HIV, STIs and /or Hepatitis C.</p>

Face-to-Face Courses	Course Description
<u>Working with Older Adults Living with HIV/AIDS</u>	<p>This one-day training will provide an overview of the NY State epidemiological trends of HIV in older adults, an overview of sexual activity, social isolation, mental health and substance use issues and the impact of co-morbid conditions among those aging with HIV. This information will then be related to the HIV prevention, treatment and care needs of older adults living with and at risk for HIV.</p>

Available Online Self-directed Learning Modules

Online Learning Courses	Course Descriptions
<u>Engagement in Care Series: Older HIV+ Men who are Gay or MSM – Online Learning</u>	This 20-minute online training highlights important issues in linkage to care, retention in care and treatment adherence for people living with HIV through exploring specific case studies.
<u>Motivational Interviewing – Online Learning</u>	This 30-minute online module will provide health and human service providers with an introduction to Motivational Interviewing. The course will review the basic elements of Motivational Interviewing and how it can be helpful to providers when working with clients who are HIV positive, infected with Hepatitis C, or require harm reduction services.
<u>Overview of HIV Infection and AIDS – Online Learning</u>	This 90-minute online training provides basic information about HIV infection and AIDS. It can serve as an introductory course for anyone with a professional or personal interest in HIV/AIDS. The training is organized in four modules that may be completed at your own pace.
<u>Peer Worker Code of Ethics in Practice – Online Learning</u>	This 30-minute online module will provide Peer Workers with an opportunity to reflect on situations they may encounter in their work and consider how the Peer Worker Code of Ethics can help to determine the best course of action. The AIDS Institute's Certified Peer Worker Code of Ethics outlines 19 principles that guide Peer Workers in defining their roles, relationships, and scope of responsibility. As part of the certification process, Peer Workers are required to sign an attestation that they agree to follow this Code of Ethics at all times.
<u>Updating the HIV Diagnostic Testing Algorithm – Online Learning</u>	This 15-minute online training presents the HIV diagnostic testing algorithm which was updated in 2013 as a result of improvements in HIV testing technologies.

Available Live Webinars

Webinar Courses	Course Description
<u>Building Bridges to Cultural Competency</u>	This two-hour webinar is designed to explore the broad definition of culture and its relationship to competent and effective health care and human service delivery.
<u>Healthy Sex! Linking Gay Men and MSM to Sexual Health Services</u>	This two-part webinar is designed to help participants become more comfortable discussing sexual health issues with MSM (men who have sex with men). It will provide an overview of the role of the non-medical provider in addressing barriers to linkage and retention in care for MSM, and methods to help MSM become advocates for their sexual health. The course will address participants' values, attitudes, and beliefs about MSM, and offer guidance on how to employ a sex-positive approach to such areas as anal sex and cancer, substance use, STIs (including HIV and HCV), PEP and PrEP, serosorting, condoms, and treatment as prevention.
<u>Hepatitis C Basics</u>	This two-hour webinar will provide basic information about Hepatitis C (HCV) for health and human service providers. This webinar can serve as an introductory course for anyone with a professional or personal interest in Hepatitis C.
<u>HIV Disclosure: Deciding Who & When to Tell</u>	This two-hour webinar will increase health and human services providers' awareness of the multifaceted issues clients face when contemplating HIV status disclosure to family, friends and service providers. Participants will develop the skills necessary to conduct timely ongoing assessments and discussion of HIV status disclosure as a component of effective service planning.
<u>HIV Testing in NYS</u>	This two-hour training will provide the latest information about New York State Public Health Law requirements that guide HIV testing. In 2017, regulations were released which removed the requirement for obtaining informed consent in writing or orally. However, regulations require that patients be made aware of the offer of HIV testing, be provided key points of information about HIV prior to the test and be informed that they have the right to decline an HIV test. The training will review the updated HIV diagnostic testing algorithm and raise awareness about acute HIV infection.

Webinar Courses	Course Description
<u>LGBT Cultural Competency</u>	This two-hour webinar is designed to build the knowledge, attitudes and skills needed to enable non-physician health and human services providers to deliver culturally competent services to the diverse range of lesbian, gay, bi-sexual, transgender and questioning (LGBTQ) clients they serve. This interactive training will help providers identify best practices for creating a welcoming and safe environment for LGBTQ clients. It will also help participants identify communication skills needed for effective engagement of the wide range of LGBTQ clients at risk for, or living with, HIV, STIs or Hepatitis C.
<u>Overview of STIs</u>	This two-hour webinar is designed to help non-clinical health and human service providers gain a basic understanding of common STIs to support their HIV/STI/VH prevention work. The training will review the similarities and differences in transmission, screening & testing, treatment, complications and prevention.
<u>Promoting Primary Care and Treatment Adherence in PLWHA</u>	This two-hour webinar will focus on an important component of Governor Cuomo's plan to end AIDS in NY State by 2020: "Linking and retaining persons diagnosed with HIV to health care and getting them on anti-HIV therapy to maximize HIV virus suppression so they remain healthy and prevent further transmission
<u>Role of Non-Clinicians in Promoting PrEP</u>	This two-hour webinar will prepare non-clinical health and human services providers to educate their communities about PrEP, work with clinical providers to expand access to PrEP and provide support to clients who are taking PrEP.
<u>Syphilis for Non-Clinicians</u>	This two-hour webinar is designed to help non-clinical health and human service providers gain a basic understanding of syphilis to support their HIV/STI/VH prevention work. The training will review the epidemiology, transmission, screening & testing, treatment, complications, and prevention.

Available Webcasts and Archive Webinars

Webcast Courses	Course Description
<u>Voices of Faith Part I: Faith Communities' Response to HIV/AIDS</u> <u>Voices of Faith Part II: Faith Communities' Response to HIV/AIDS</u>	<p>These 5 brief video segments feature faith leaders from many traditions. The purpose of these videos is to share information about how faith communities are addressing HIV prevention, support and care efforts with their congregations and communities.</p>
<u>Drug User Health: Caring for the Whole Person</u>	<p>This webcast, organized in four easy to watch segments, explores important concepts and best practices for promoting the health of people who use drugs. The webcast features an important new video comprised of people who use drugs reflecting on key topics related to health and an educational video designed to teach safer injecting practices to people who use drugs.</p>
<u>Ending the Epidemic: New York's Plan</u>	<p>This webcast reviews the three pillars of New York's plan to end the AIDS epidemic by 2020 and describes the critical developments in medicine, program and community partnerships which have brought us to the point where the end of the epidemic is in sight.</p>
<u>Hepatitis C Testing: Overview of New York State Law</u>	<p>In October of 2013, Governor Cuomo signed a public health law that requires primary care providers and certain health care settings to make a one-time offer of voluntary hepatitis C screening to all patients born between 1945 and 1965. This law, which went into effect on January 1st, 2014, is consistent with the CDC's "Recommendations for the Identification of Chronic Hepatitis C virus infection Among Persons Born During 1945-1965". The New York State law applies to 1) physicians, physician assistants, and nurse practitioners providing primary care, 2) primary care services delivered in the outpatient department of a hospital or freestanding diagnostic and treatment center, and 3) in-patient hospital services.</p>
<u>HIV Testing Update: New Regulations and Strategies from the Field</u>	<p>This webcast will provide information about New York State public health law and regulations that mandate the offering of HIV testing to all patients 13 to 64 years old receiving hospital or primary care services, with some limitations.</p>
<u>Implementing Rapid Screening for Hepatitis C</u>	<p>This one-hour webcast will assist program managers and supervisors in planning for the implementation of a Hepatitis C screening program using the new FDA approved OraQuick HCV Rapid Antibody Test. It will review the potential benefits of HCV rapid testing in a community setting, provide a brief overview of the rapid test device and outline the key elements required in a program's policies and procedures.</p>