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Welcome

A message from the New York State Certified Peer Worker Review Board:

Hello friends!

We wanted to take this opportunity to welcome you to the process of becoming a New York State Certified Peer Worker in HIV/HCV/Harm Reduction/PrEP.

We feel very passionately about Peers being the foundation of organizations and this certification program recognizes the valuable role of peer work for those we serve. We speak directly to the community; by sharing our lived experience, we empower and inspire others to improve their overall health and well-being.

Peer workers have waited a very long time for a program, and even though this past year has been very challenging on multiple levels. Our Certification Program has gone through changes during this time of COVID-19. Changes include the expanded number of courses available on-line and we think you would be pleased to see the new additions! Even after we can safely return to the classroom, we feel that having additional options for on-line learning will expand access to the program, especially for those peers in more remote parts of the state.

We are in a unique position to highlight this work and reward the peers of New York State by becoming certified and creating a path to employment. Successful completion of the program allows us to become more marketable, and for those interested in further learning, the certification may be used for college credit with Empire State College! In essence, we have taken the critical role of peer work and have created a profession.

We hope you will take this opportunity to become a part of this amazing movement. We look forward to having you join us!
Introduction

A message from the AIDS Institute

The New York State Certified Peer Worker program began in 2015. Specialized tracks are available to certify individuals as: 1) HIV Peer Worker, 2) Hepatitis C Peer Worker, 3) Harm Reduction Peer Worker, or 4) Pre-Exposure Prophylaxis Peer Worker.

This document, the “Peer Worker Course Catalogue” is vital to completing your journey towards certification. This Course Catalogue contains the details of the NYS Certified Peer Worker Program including:

- Certification Requirements
- Core and specialized course training titles and descriptions; and
- Forms to track your progress (also available separately, online)

Certification of HIV, HCV, Harm Reduction, and PrEP Peer Workers standardizes training requirements and is intended to support employment opportunities for people with HIV and HCV. Certification will help increase recognition of the important work that HIV, HCV, Harm Reduction, and PrEP Peer Workers perform. Certification is voluntary and the AIDS Institute recognizes that both certified and non-certified peers play an important role in AIDS Institute funded agencies and other health and human services programs.

We are pleased you are considering becoming certified and we look forward to counting you among the ranks of professionally trained, experienced, and committed New York State Certified Peer Workers.
Background

Peer-delivered services play a significant role in improving health outcomes, especially for patients living with chronic health and/or behavioral health conditions. The effectiveness of Peer Workers is rooted in the fact that these workers share a common “lived experience” with clients (a “peer” is defined as someone living with HIV, AIDS, Hepatitis C (HCV), used/using PrEP and/or has experience accessing Harm Reduction services). As a result, Peer Workers have a unique capacity to provide targeted services that can inspire, empower, and support clients living with, or at risk for, HIV and HCV. Peer Workers provide a unique category of service delivery through the lens of “shared lived experience” which is distinct from the roles and services delivered by other members of a multi-disciplinary care or prevention team. Peer-delivered services are viewed as critical to meeting New York State’s goal of ending the AIDS epidemic and Peer Workers play a critical role in increasing linkage and retention in care for people with HIV and HCV, improving rates of cured HCV, HIV viral suppression and preventing new infections (PrEP, Harm Reduction).
How to Become a New York State Certified Peer Worker

All courses listed in the Peer Worker Course Catalogue are available free of charge and there are no fees associated with applying for or being granted this certification.

Peer Workers seeking NYS Peer Worker Certification must:

- Complete 90 hours of training – 68-hours Core Training and 22-hours Specialized Training
- Complete a 500-hour practicum related to the competencies of your track with an acceptable supervisory evaluation.
- Pass the NYS Certified Peer Worker knowledge assessment.
- Agree to follow the NYS Certified Peer Worker Code of Ethics.
- Receive final approval from the NYS Peer Certification Review Board.
- Complete a minimum of 10 training hours per year to maintain certification.

This Peer Worker Course Catalogue details the training courses a peer must take to complete their certification or renew their certification. It does not include information on the exam, practicum, or supervisory evaluation. Information for those components can be found at www.hivtrainingny.org.

Registration for the courses listed in this catalogue must be done at www.hivtrainingny.org. To register for courses, you must sign up for a free account. Once you have an account, course attendance is automatically tracked on this website through the My Courses tab which is accessible after you have logged in to your account. This makes it easy to document completion of training. To apply to certification credit hours, trainings must be completed within the last 3 calendar years prior to submitting your application. The courses can be taken in any order you choose to complete the 90 required hours.

Please note: not all courses will be available all the time. A peer worker should join the mailing list on the website to be notified when new trainings are available. Training calendars are updated in the Spring and Fall. If a needed course can’t be found, please call us at 518-474-3045.

On page 12 of this document, you will find a list of Core Trainings. Specialized Trainings in HIV, HCV, Harm Reduction and PrEP are also included in the catalogue. To become certified, an individual must complete a minimum of 22 hours of training in their specialized track: HIV, HCV, Harm Reduction, or PrEP. The combined number of hours of training to earn certification is 90 hours (68 hours of Core Training and 22 hours of Specialized Training). Trainings are available in different formats, primarily, in-person. Some trainings are available online. Many trainings are available both in-person or online.
A copy of the NYS Certified Peer Worker Code of Ethics is available at www.hivtrainingny.org/Home/PeerCertification website.

Individuals who complete all certification requirements will be awarded the NYS Peer Worker Certification from Stony Brook University.

For more information about NYS Certified Peer Worker certification, please contact:

**Stony Brook University**  
**Center for Public Health Education**  
Research and Development Park  
Building 17, Room 120  
Stony Brook, NY 11794  
Phone: 631-444-3209  
Fax: 631-444-1189  
Email: stonybrookpeercertification@gmail.com

**HIV Education and Training Programs**  
Empire State Plaza, Corning Tower, Room 244  
Albany, NY 12237  
Phone: 518-474-3045  
Fax: 518-473-8815  
Email: hivet@health.ny.gov
Continuing Education

To maintain Certification, NYS Certified Peer Workers must complete a minimum of 10 hours of training, or Continuing Education Credits (CEUs) per year. This requirement must be submitted every 2 years, prior to your anniversary date of certification, through your online application. For example, if you were certified on September 15, 2021, you must have your CEUs completed and submitted into the application system by September 15, 2023. NYS Certified Peer Workers should strive to complete and submit proof of their CEUs 30 days prior to their anniversary date in case of any issues.

The training you receive towards your continuing education should be directly related to HIV, HCV, HR, and/or PrEP, and improve and strengthen your ability to provide services. NYS Certified Peer Workers should consult with their supervisors to decide which trainings would best fit their training needs.

To receive credit, training should be obtained through one of the following:

- Courses from the Peer Worker Course Catalogue, via your hivtrainingny.org account
- TTAP (with certificate)
- AETC (with certificate)
- Your employer (with certificate)

Questions regarding CEUs should be sent to stephen.sebor@stonybok.edu.
How to register for a training

Registering for a course is easy. Follow these steps below:

1. Using the internet and a web browser, go to www.hivtrainingny.org

2. On the right-side of the hivtrainingny.org website, log on with your account information, or register for a free account.
3. Navigate to the “Course List” tab and select “register” to move to the next screen. Please note the: “training location” for in-person trainings and “training format” – in-person, online, archived webinar or live webinar.

4. On the next screen, click “Select” to officially register for the training.
Optional: You can always check the courses you have registered, completed, or dropped by logging on to your account and clicking “My Courses”.

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Training Center Name</th>
<th>Course Date</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Virtual: Pre-Certification</td>
<td>Leadership Training Institute Online Training</td>
<td>04/29/2021</td>
<td>Registered</td>
</tr>
<tr>
<td>HIV Testing in NYS: On-line</td>
<td>AIDS Institute Online Training</td>
<td>04/05/2021</td>
<td>Registered</td>
</tr>
<tr>
<td>PrEP Aware Week 2020:</td>
<td>AIDS Institute Webinar</td>
<td>10/16/2020</td>
<td>Registered</td>
</tr>
<tr>
<td>Overview of HIV</td>
<td>AIDS Institute Online Training</td>
<td>09/10/2020</td>
<td>Attended Certificate</td>
</tr>
<tr>
<td>Health Equity</td>
<td>AIDS Institute Online Training</td>
<td>08/19/2020</td>
<td>Attended Certificate</td>
</tr>
<tr>
<td>Webinar: Basic Skills for</td>
<td>GMHC (ACRIA @ GMHC) Webinar</td>
<td>03/10/2020</td>
<td>Attended Certificate</td>
</tr>
<tr>
<td>Crystal Meth, MSM &amp; HIV</td>
<td>GMHC (ACRIA @ GMHC) Face To Face</td>
<td>03/05/2020</td>
<td>Dropped</td>
</tr>
<tr>
<td>Trauma Informed Care (T)</td>
<td>Cicatelli Associates Inc. Face To Face</td>
<td>01/30/2020</td>
<td>Dropped</td>
</tr>
<tr>
<td>HIV Confidentiality Laws</td>
<td>Cicatelli Associates Inc. Online Training</td>
<td>10/16/2019</td>
<td>Attended Certificate</td>
</tr>
<tr>
<td>Opioid Overdose Prevention</td>
<td>Cicatelli Associates Inc. Online Training</td>
<td>04/26/2019</td>
<td>Attended Certificate</td>
</tr>
</tbody>
</table>
## Core Training Requirements

### Core Training Requirements for all Certified Peer Workers

All Certified Peer Workers must complete a minimum of 68 hours of the Core Required Trainings below.

You **cannot** earn course hours for taking both the In-Person and Online course with the **same name**.

Each of these courses are also listed on the individual course tracker forms (HIV, HCV, HR, and PrEP).

<table>
<thead>
<tr>
<th>Required General Courses: (in-person or online)</th>
<th>In Person Training Hours</th>
<th>Online/Webinar Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>NYS Peer Worker Pre-Certification Training</td>
<td>19.5</td>
<td>19.5</td>
</tr>
<tr>
<td>Building Bridges to Cultural Humility*</td>
<td>6.5</td>
<td>4.0 (2 sessions)</td>
</tr>
<tr>
<td>LGBTQ+ Cultural Competency</td>
<td>6.5</td>
<td>4.0 (2 sessions)</td>
</tr>
<tr>
<td>Health Equity Online Training</td>
<td>n/a</td>
<td>1.0</td>
</tr>
<tr>
<td>Health Literacy in HIV, STI, and Viral Hepatitis Care</td>
<td>3.0</td>
<td>1.5-2.0</td>
</tr>
<tr>
<td>Trauma Informed Care 101</td>
<td>6.5</td>
<td>6.5 (4 sessions)</td>
</tr>
<tr>
<td>Sex, Gender and HIV/STIs</td>
<td>13.0</td>
<td>n/a</td>
</tr>
<tr>
<td>SafeTALK Suicide Alertness Training**</td>
<td>3.0</td>
<td>n/a</td>
</tr>
</tbody>
</table>

### Required Medical Information Courses:

You must take the in-person “Intro to HIV, STIs & Viral Hep” course or take all 3 highlighted courses, in-person or online.

<table>
<thead>
<tr>
<th>Required Medical Information Courses:</th>
<th>In Person Training Hours</th>
<th>Online/Webinar Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction to HIV, STIs and Viral Hepatitis</td>
<td>6.5</td>
<td>1.5</td>
</tr>
<tr>
<td>Overview of HIV Online Training</td>
<td>n/a</td>
<td>2.0</td>
</tr>
<tr>
<td>Hepatitis C Basics for Peer Workers</td>
<td>6.5</td>
<td>1.5-2.0</td>
</tr>
<tr>
<td>Introduction to Sexually Transmitted Infections</td>
<td>3.0</td>
<td>1.5-2.0</td>
</tr>
</tbody>
</table>

### Counseling Skills:

Choose at least **two different counseling approaches** totaling **6.0 hours**

<table>
<thead>
<tr>
<th>Counseling Approach 1:</th>
<th>In Person Training Hours</th>
<th>Online/Webinar Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harm Reduction Approach Overview</td>
<td>6.5</td>
<td>1.5-2.0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Counseling Approach 2:</th>
<th>In Person Training Hours</th>
<th>Online/Webinar Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motivational Interviewing</td>
<td>3.5-6.5</td>
<td>n/a</td>
</tr>
<tr>
<td>Motivational Interviewing Overview</td>
<td>n/a</td>
<td>0.5</td>
</tr>
<tr>
<td>Motivational Interviewing Practice</td>
<td>3.5-6.5</td>
<td>1.5</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Counseling Approach 3:</th>
<th>In Person Training Hours</th>
<th>Online/Webinar Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overview of Stage-based Behavioral Counseling</td>
<td>6.5</td>
<td>1.5-2.0</td>
</tr>
</tbody>
</table>

### Additional Information:

- * This course was formerly titled “Building Bridges to cultural Competency” and certificates from the previous course will count towards Peer Certification hours.
- ** This course is not offered through the AIDS Institute HIV Education and Training website. Please see the course description in this catalogue with a link on where to learn more and register for the course.
Specialized Training Requirements

Choose from the following: **At least 22 hours**’ worth of trainings in the track for which you are seeking certification. Course Tracker Forms are available for all tracks to help you keep track of your hours.

Peer Workers seeking certification for multiple tracks must complete 22 hours for each track, but overlap of credits is allowed. For example, if a peer takes the training “HIV and Hepatitis C Co-infection”, the applicant will receive credit hours in both HIV and HCV tracks.

<table>
<thead>
<tr>
<th>Training Title</th>
<th>In Person Training Hours</th>
<th>Online/Webinar Training Hours</th>
<th>HIV Track</th>
<th>HCV Track</th>
<th>HR Track</th>
<th>PrEP Track</th>
</tr>
</thead>
<tbody>
<tr>
<td>Active Drug Users and HIV/HCV Retention in Care and Treatment Adherence</td>
<td>6.5</td>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Addressing Sexual Risk with Drug Users and their Partners</td>
<td>6.5</td>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Crystal Meth, MSM &amp; HIV</td>
<td>13.0</td>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Ensuring Competencies for HCV Testing</td>
<td>6.5</td>
<td></td>
<td></td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Engagement in Care Series: Newly Diagnosed Trans Client Living with HIV</td>
<td></td>
<td>1.0</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Engagement in Care Series: Working with Older MSM Living with HIV</td>
<td></td>
<td>1.0</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Group Facilitation Skills for STD/HIV Prevention Interventions</td>
<td>13.0</td>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Harm Reduction Support following an Opioid Overdose Reversal</td>
<td>6.5</td>
<td>2.0</td>
<td></td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Healthy Sex! Linking Gay Men and MSM to Sexual Health Services</td>
<td>6.5</td>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Hepatitis C Basics for Peer Workers</td>
<td>6.5</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatitis C Medical Care and Treatment Update for Peer Workers</td>
<td>6.5</td>
<td></td>
<td></td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Hepatitis C Peer Worker Role in Patient Navigation</td>
<td>13.0</td>
<td></td>
<td></td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Hepatitis C: Prevention with Young People Who Inject Drugs (PWID)</td>
<td>6.5</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIV and Hepatitis C Co-infection</td>
<td>3.0</td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Specialized Trainings Continued on Next Page
<table>
<thead>
<tr>
<th>Training Title</th>
<th>In Person Training Hours</th>
<th>Online/Webinar Training Hours</th>
<th>HIV Track</th>
<th>HCV Track</th>
<th>HR Track</th>
<th>PrEP Track</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV Peer Worker Role in Patient Navigation</td>
<td>13.0</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIV Testing in NYS</td>
<td></td>
<td>2.0</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>HIV Testing Skills Practice Session</td>
<td>6.5</td>
<td></td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Implementing A Sex Positive Approach*</td>
<td>13.0</td>
<td>1.5/13.0</td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>The Intersection of Sex &amp; Substance Use</td>
<td>3.0</td>
<td>1.5</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Intro to Co-Occurring Disorders for Clients with HIV/AIDS</td>
<td>6.5</td>
<td></td>
<td></td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Overview of PrEP Payment Options</td>
<td></td>
<td>0.5</td>
<td></td>
<td></td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Peer Workers: Promoting Primary Care and Treatment Adherence for HIV</td>
<td>13.0</td>
<td></td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PrEP, PEP, and Trauma</td>
<td>6.5</td>
<td></td>
<td>X</td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Role of Non-Clinicians in Promoting PrEP</td>
<td>3.5</td>
<td></td>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Role of the PrEP Peer Worker in Patient Navigation</td>
<td>13.0</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Safer Injection and Wound Care</td>
<td>6.5</td>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Supporting Sexual Health Among Young MSM of Color</td>
<td>6.5</td>
<td></td>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Surviving and Thriving: Older Gay Men and MSM Living with HIV</td>
<td>6.5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Transgender Health 102: Addressing Barriers to Care for Transgender People*</td>
<td>6.5</td>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Webinar: Promoting Primary Care &amp; Treatment Adherence in PLWHA</td>
<td></td>
<td>2.0</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Webinar: MSM and Sexual Health Part 1 &amp; 2</td>
<td></td>
<td>4.0</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
</tbody>
</table>

You must complete a minimum 22 Hours of specialized training per track.
*This symbol denotes a course has a prerequisite. Please see the course description for details.
The following courses are not offered through HIV Education and Training but, may be counted toward specialized training requirements as follows:

<table>
<thead>
<tr>
<th>Training Title</th>
<th>Training Hours</th>
<th>Track</th>
</tr>
</thead>
<tbody>
<tr>
<td>NYC DOHMH BHIV Comprehensive Care Coordination Training</td>
<td>30.0</td>
<td>HIV</td>
</tr>
<tr>
<td>NQC Training of Consumers for Quality</td>
<td>20.0</td>
<td>HIV</td>
</tr>
<tr>
<td>Opioid Overdose Prevention</td>
<td>3.0</td>
<td>HIV, HCV, HR, PrEP</td>
</tr>
<tr>
<td>Stanford University Positive Self-Management Program (PSMP) or Chronic Disease Self-Management Training (CDSMP)</td>
<td>15.0</td>
<td>HIV</td>
</tr>
</tbody>
</table>
AIDS Institute and T-TAP Course Equivalency Chart

The AIDS Institute recognizes that for most of the course’s T-TAP hours exceed AIDS Institute equivalency hours. Since you are getting credit for the course(s), we will only transfer the number of hours attributed to the AIDS Institute course. For example, although HIV Testing in NYS is 6.5 hours under T-TAP, you would only be awarded the AIDS Institute Equivalency of 3 hours. You must upload a T-TAP certificate(s) to your application to be awarded credit for the AIDS Institute Equivalent course(s). Course(s) must have been taken within the last 3 calendar years of submitting application. If you have taken any of the above courses, you can find them on your T-TAP account located here. Please be sure to print your certificates which you will need for your peer certification application.

<table>
<thead>
<tr>
<th>NYS AIDS Institute Course Title</th>
<th>NYS AIDS Institute Hours</th>
<th>T-TAP Accepted Course Equivalency</th>
<th>T-TAP Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group Facilitation Skills</td>
<td>13.0 Hours</td>
<td>Group Process and Facilitation Skills</td>
<td>14.0 Hours</td>
</tr>
<tr>
<td>HIV Testing in NYS</td>
<td>3.0 Hours</td>
<td>HIV Testing</td>
<td>7.0 Hours</td>
</tr>
<tr>
<td>Intro to Co-Occurring Disorders for Clients with HIV/AIDS</td>
<td>6.5 Hours</td>
<td>Working with clients living with HIV/AIDS or Co-Occurring Disorders</td>
<td>7.0 Hours</td>
</tr>
<tr>
<td>Introduction to HIV, STIs and Viral Hepatitis</td>
<td>6.5 Hours</td>
<td>HIV 101: Understanding HIV Infection, Diagnosis &amp; Treatment</td>
<td>14.0 Hours</td>
</tr>
<tr>
<td>Harm Reduction Approach Overview Motivational Interviewing</td>
<td>6.5 Hours</td>
<td>Motivational Interviewing OR Fundamentals of HIV Prevention Counseling</td>
<td>14.0 Hours</td>
</tr>
<tr>
<td>Overview of Stage-based Behavioral Counseling</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>LGBT Cultural Competency</td>
<td>3.5 – 6.5 Hours</td>
<td>LGBTQ Sensitivity</td>
<td>7.0 Hours</td>
</tr>
<tr>
<td>Peer Workers: Promoting Primary Care and Treatment Adherence</td>
<td>3.5 Hours</td>
<td>The Positive Life Workshop</td>
<td>3.5 Hours</td>
</tr>
<tr>
<td>What Peers Need to Know about Hepatitis C</td>
<td>6.5 Hours</td>
<td>Hepatitis C 101: Understanding Hepatitis C</td>
<td>7.0 Hours</td>
</tr>
</tbody>
</table>
Peer Certification Course Tracker Form – HIV Peer Workers

Note: You should only use this checklist if you are seeking HIV Peer Certification. This form can be found online at: [https://www.hivtrainingny.org/FAQDocs/HIVCourseCheckList.pdf](https://www.hivtrainingny.org/FAQDocs/HIVCourseCheckList.pdf)

**Directions:** Use this document to keep track of your progress completing trainings toward your HIV Peer Worker Certification. Either print a copy of this document or save it to your computer. To track your progress online, log on to your account on [www.hivtrainingny.org](http://www.hivtrainingny.org). Select Course List at the top of the screen. On the right, select “My Courses.”

### Core Training Requirements for all Certified Peer Workers

All applicants must complete a minimum of 68 hours of the Core Required Trainings below.

<table>
<thead>
<tr>
<th>Required General Courses: (in-person or online)</th>
<th>In Person Training Hours</th>
<th>Online/ Webinar Hours</th>
<th>Date of Training</th>
<th>Course Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>NYS AIDS Institute Pre-Certification Peer Worker Training</td>
<td>19.5</td>
<td>19.5</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Building Bridges to Cultural Competency</td>
<td>6.5</td>
<td>4.0 (2 sessions)</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>LGBT Cultural Competency</td>
<td>6.5</td>
<td>4.0 (2 sessions)</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Health Equity Online Training</td>
<td>n/a</td>
<td>1.0</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Health Literacy in HIV, STI, and Viral Hepatitis Care</td>
<td>3.0</td>
<td>1.5-2.0</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Trauma Informed Care 101</td>
<td>6.5</td>
<td>6.5 (4 sessions)</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Sex, Gender and HIV/STDs</td>
<td>13.0</td>
<td>n/a</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>SafeTALK Suicide Alertness Training*</td>
<td>3.0</td>
<td>n/a</td>
<td></td>
<td>□</td>
</tr>
</tbody>
</table>

**Required Medical Information Courses:**

You must take the in-person “Intro to HIV, STIs & Viral Hep” course or take all 3 highlighted courses, in-person or online.

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<tr>
<th>Required Medical Information Courses:</th>
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</tr>
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<tbody>
<tr>
<td>Introduction to HIV, STIs and Viral Hepatitis</td>
<td>6.5</td>
<td>1.5</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Overview of HIV Online Training</td>
<td>n/a</td>
<td>2.0</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Hepatitis C Basics for Peer Workers</td>
<td>6.5</td>
<td>1.5-2.0</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Introduction to Sexually Transmitted Infections</td>
<td>3.0</td>
<td>1.5-2.0</td>
<td></td>
<td>□</td>
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</table>

**Counseling Skills:** (choose at least two counseling approaches totaling 6.0 hours)

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<th>Online/ Webinar Hours</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Harm Reduction Approach Overview</td>
<td>6.5</td>
<td>1.5-2.0</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Motivational Interviewing</td>
<td>3.5-6.5</td>
<td>n/a</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Motivational Interviewing Overview</td>
<td>n/a</td>
<td>0.5</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Motivational Interviewing Practice</td>
<td>3.5-6.5</td>
<td>1.5</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Overview of Stage-based Behavioral Counseling</td>
<td>6.5</td>
<td>1.5-2.0</td>
<td></td>
<td>□</td>
</tr>
</tbody>
</table>

**Add your in-person hours:**

**Add your online hours:**

**Add your in-person and online hours together: (must have at least 68 hours)**
The box below is a list of *HIV* specialized training topics. Not all courses on this page need to be completed and checked off. A minimum of 22 hours are required before applying for certification. When you complete a course, check the box under “Course Completed”.

<table>
<thead>
<tr>
<th>Training Title</th>
<th>Training Hours</th>
<th>Date Of Training</th>
<th>Date Taken</th>
<th>Course Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>All HIV Peer Worker Specialists must take one of the following:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIV Peer Worker Role in Patient Navigation</td>
<td>13.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Peer Workers: Promoting Primary Care and Treatment Adherence for HIV</td>
<td>13.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Choose any of the Specialized Courses below:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Active Drug Users and HIV/HCV Retention in Care and Treatment Adherence</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Addressing Sexual Risk with Drug Users and their Partners</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Crystal Meth, MSM &amp; HIV: An Update</td>
<td>13.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Engagement in Care Series: Newly Diagnosed Trans Client Living with HIV</td>
<td>1.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Engagement in Care Series: Working with Older Adults Living with HIV or Webinar</td>
<td>1.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Group Facilitation Skills for STD/HIV Prevention Interventions</td>
<td>13.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Healthy Sex! Linking Gay Men and MSM to Sexual Health Services</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>HIV and Hepatitis C Co-infection</td>
<td>3.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>HIV Testing in NYS</td>
<td>2.0-3.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>HIV Testing Skills Practice Session</td>
<td>3.0-6.5</td>
<td></td>
<td></td>
<td>□</td>
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<tr>
<td>Improving Health Outcomes for HIV-Positive Individuals Transitioning from Correctional Settings to the Community</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Intro to Co-Occurring Disorders for Clients with HIV/AIDS</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Role of Non-Clinicians in Promoting PrEP</td>
<td>3.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Safer Injecting and Wound Care</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Training Title</td>
<td>Training Hours</td>
<td>Date of Training</td>
<td>Date Taken</td>
<td>Course Completed</td>
</tr>
<tr>
<td>--------------------------------------------------------------------------------</td>
<td>----------------</td>
<td>------------------</td>
<td>------------</td>
<td>------------------</td>
</tr>
<tr>
<td>NYC DOHMH BHIV Comprehensive Care Coordination Training</td>
<td>30.0</td>
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<td></td>
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<tr>
<td>NQC Training of Consumers for Quality</td>
<td>20.0</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Stanford University Positive Self-Management Program (PSMP) or Chronic Disease Self-Management Training (CDSMP) (Offered by Stony Brook University)</td>
<td>15.0</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Peer Certification Course Tracker Form – HCV Peer Workers

Note: You should only use this checklist if you are seeking HCV Peer Certification
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### Core Training Requirements for all Certified Peer Workers

All applicants must complete a minimum of 68 hours of the Core Required Trainings below.

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<tr>
<th>Required General Courses: (in-person or online)</th>
<th>In Person Training Hours</th>
<th>Online/Webinar Hours</th>
<th>Date of Training</th>
<th>Course Completed</th>
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<tbody>
<tr>
<td>NYS AIDS Institute Pre-Certification Peer Worker Training</td>
<td>19.5</td>
<td>19.5</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Building Bridges to Cultural Humility</td>
<td>6.5</td>
<td>4.0 (2 sessions)</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>LGBTQ+ Cultural Competency</td>
<td>6.5</td>
<td>4.0 (2 sessions)</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Health Equity Online Training</td>
<td>n/a</td>
<td>1.0</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Health Literacy in HIV, STI, and Viral Hepatitis Care</td>
<td>3.0</td>
<td>1.5-2.0</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Trauma Informed Care 101</td>
<td>6.5</td>
<td>6.5 (4 sessions)</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Sex, Gender and HIV/STDs</td>
<td>13.0</td>
<td>n/a</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>SafeTALK Suicide Alertness Training</td>
<td>3.0</td>
<td>n/a</td>
<td>□</td>
<td></td>
</tr>
</tbody>
</table>

### Required Medical Information Courses:

You must take the in-person “Intro to HIV, STIs & Viral Hep” course or take all 3 highlighted courses, in-person or online

<table>
<thead>
<tr>
<th>Required Medical Information Courses:</th>
<th>In Person Training Hours</th>
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<th>Course Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction to HIV, STIs and Viral Hepatitis</td>
<td>6.5</td>
<td>1.5</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Overview of HIV Online Training</td>
<td>n/a</td>
<td>2.0</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Hepatitis C Basics for Peer Workers</td>
<td>6.5</td>
<td>1.5-2.0</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Introduction to Sexually Transmitted Infections</td>
<td>3.0</td>
<td>1.5-2.0</td>
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</table>

### Counseling Skills: (choose at least two counseling approaches totaling 6.0 hours)

<table>
<thead>
<tr>
<th>Counseling Skills:</th>
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<th>Date of Training</th>
<th>Course Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harm Reduction Approach Overview</td>
<td>6.5</td>
<td>1.5-2.0</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Motivational Interviewing</td>
<td>3.5-6.5</td>
<td>n/a</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Motivational Interviewing Overview</td>
<td>n/a</td>
<td>0.5</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Motivational Interviewing Practice</td>
<td>3.5-6.5</td>
<td>1.5</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Overview of Stage-based Behavioral Counseling</td>
<td>6.5</td>
<td>1.5-2.0</td>
<td>□</td>
<td></td>
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</table>

Add your in-person hours: 
Add your online hours: 
Add your in-person and online hours together: (must have at least 68 hours)
The box below is a list of HCV specialized training topics. Not all courses on this page need to be completed and checked off. A minimum of 22 hours are required before applying for certification. When you complete a course, check the box under “Course Completed”.

<table>
<thead>
<tr>
<th>Training Title</th>
<th>Training Hours</th>
<th>Date Scheduled</th>
<th>Date Taken</th>
<th>Course Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>All HCV Peer Worker Specialists must take one of the following:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatitis C Peer Worker Role in Patient Navigation</td>
<td>13.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Hepatitis C: Screening, Diagnosis and Linkage to Care</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Choose any of the Specialized Courses below:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
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<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Addressing Sexual Risk with Drug Users and their Partners</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Ensuring Competencies for Hepatitis C Testing</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Group Facilitation Skills for STD/HIV Prevention Interventions</td>
<td>13.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Hepatitis C Basics for Peer Workers</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Hepatitis C Medical Care and Treatment Update for Peer Workers</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Hepatitis C: Prevention with Young People with Inject Drugs (PWID)</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>HIV and Hepatitis C Co-infection</td>
<td>3.0</td>
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<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Transgender Health 102: Addressing Barriers to Care for Transgender People*</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Webinar: Hepatitis C Basics</td>
<td>2.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Webinar: MSM and Sexual Health Parts 1 &amp; 2</td>
<td>4.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td><strong>Total Specialized Hours:</strong> (add training hours)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*This symbol denotes a course has a prerequisite. Please see the course description for details.
Peer Certification Course Tracker Form – Harm Reduction Peer Workers

Note: You should only use this checklist if you are seeking [HR Peer Certification](https://www.hivtrainingny.org/FAQDocs/HRCourseCheckList.pdf)

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<td>LGBTQ+ Cultural Competency</td>
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<tr>
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<td>n/a</td>
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<td></td>
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<tr>
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<td>3.0</td>
<td>1.5-2.0</td>
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<tr>
<td>Trauma Informed Care 101</td>
<td>6.5</td>
<td>6.5 (4 sessions)</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Sex, Gender and HIV/STDs</td>
<td>13.0</td>
<td>n/a</td>
<td></td>
<td>□</td>
</tr>
<tr>
<td><strong>SafeTALK Suicide Alertness Training</strong></td>
<td>3.0</td>
<td>n/a</td>
<td></td>
<td>□</td>
</tr>
</tbody>
</table>

**Required Medical Information Courses:**

You must take the in-person “Intro to HIV, STIs & Viral Hep” course or take all 3 highlighted courses, in-person or online.

| Overview of HIV, STIs and Viral Hepatitis | 6.5 | 1.5 | | □ |
| Overview of HIV Online Training | n/a | 2.0 | | □ |
| Hepatitis C Basics for Peer Workers | 6.5 | 1.5-2.0 | | □ |
| Introduction to Sexually Transmitted Infections | 3.0 | 1.5-2.0 | | □ |

**Counseling Skills:** (choose at least two counseling approaches totaling 6.0 hours)

| Harm Reduction Approach Overview | 6.5 | 1.5-2.0 | | □ |
| Motivational Interviewing | 3.5-6.5 | n/a | | □ |
| Motivational Interviewing Overview | n/a | 0.5 | | □ |
| Motivational Interviewing Practice | 3.5-6.5 | 1.5 | | □ |
| Overview of Stage-based Behavioral Counseling | 6.5 | 1.5-2.0 | | □ |

**Add your in-person hours:**

**Add your online hours:**

**Add your in-person and online hours together: (must have at least 68 hours)**
The box below is a list of HR specialized training topics. Not all courses on this page need to be completed and checked off. A minimum of 22 hours are required before applying for certification.

<table>
<thead>
<tr>
<th>Training Title</th>
<th>Training Hours</th>
<th>Date of Training</th>
<th>Date Taken</th>
<th>Course Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>All HR Peer Worker Specialists must take one of the following:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Active Drug Users and HIV/HCV Retention in Care and Treatment Adherence</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
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<tr>
<td>Safer Injecting and Wound Care</td>
<td>6.5</td>
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<tr>
<td><strong>Choose any of the Specialized Courses below:</strong></td>
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<tr>
<td>Addressing Sexual Risk with Drug Users and their Partners</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
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<tr>
<td>Crystal Meth, MSM &amp; HIV: An Update</td>
<td>13.0</td>
<td></td>
<td></td>
<td>□</td>
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<tr>
<td>Group Facilitation Skills for STD/HIV Prevention Interventions</td>
<td>13.0</td>
<td></td>
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<td>□</td>
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<tr>
<td>Healthy Sex! Linkage Gay Men and MSM to Sexual Health Services</td>
<td>6.5</td>
<td></td>
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<tr>
<td>Hepatitis C: Prevention with Young People Who Inject Drugs (PWID)</td>
<td>6.5</td>
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<tr>
<td>Intro to Co-Occurring Disorders for Clients with HIV/AIDS</td>
<td>6.5</td>
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<tr>
<td>Role of Non-Clinicians in Promoting PrEP</td>
<td>3.5</td>
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<tr>
<td>Safer Injecting and Wound Care</td>
<td>6.5</td>
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<tr>
<td>Supporting Sexual Health Among Young MSM of Color</td>
<td>6.5</td>
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<td>□</td>
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<tr>
<td>The Intersection of Sex &amp; Substance Use</td>
<td>3.0</td>
<td></td>
<td></td>
<td>□</td>
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<tr>
<td>Transgender Health 102: Addressing Barriers to Care for Transgender People*</td>
<td>6.5</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Webinar: MSM and Sexual Health Parts 1 &amp; 2</td>
<td>4.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
<tr>
<td>Webinar: Sexual Health of Older Adults</td>
<td>2.0</td>
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<td>□</td>
</tr>
<tr>
<td><strong>Total Specialized Hours</strong></td>
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<tr>
<td>(add training hours)</td>
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</tbody>
</table>

*This symbol denotes a course has a prerequisite. Please see the course description for details.*
The following course is not offered through Education and Training but, may be counted toward **HR specialized training requirements** as follows:

<table>
<thead>
<tr>
<th>Training Title</th>
<th>Training Hours</th>
<th>Date of Training</th>
<th>Date Taken</th>
<th>Course Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Opioid Overdose Prevention</td>
<td>3.0</td>
<td></td>
<td></td>
<td>□</td>
</tr>
</tbody>
</table>
**Peer Certification Course Tracker Form – Pre-Exposure Prophylaxis (PrEP) Peer Workers**

Note: You should only use this checklist if you are seeking **PrEP Peer Certification**

This form can be found online at: [https://www.hivtrainingny.org/FAQDocs/PrEPCourseChecklist.pdf](https://www.hivtrainingny.org/FAQDocs/PrEPCourseChecklist.pdf)

**Directions:** Use this document to keep track of your progress completing trainings toward your PrEP Peer Worker Certification. Either print a copy of this document or save it to your computer. To track your progress online, log on to your account on [www.hivtrainingny.org](http://www.hivtrainingny.org). Select **Course List** at the top of the screen. On the right, select “**My Courses.**”

---

**Core Training Requirements for all Certified Peer Workers**

All applicants must complete a minimum of 68 hours of the Core Required Trainings below.

<table>
<thead>
<tr>
<th>Required General Courses: (in-person or online)</th>
<th>In Person Training Hours</th>
<th>Online/ Webinar Hours</th>
<th>Date of Training</th>
<th>Course Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>NYS AIDS Institute Pre-Certification Peer Worker Training</td>
<td>19.5</td>
<td>19.5</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Building Bridges to Cultural Humility</td>
<td>6.5</td>
<td>4.0 (2 sessions)</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>LGBTQ+ Cultural Competency</td>
<td>6.5</td>
<td>4.0 (2 sessions)</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Health Equity Online Training</td>
<td>n/a</td>
<td>1.0</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Health Literacy in HIV, STI, and Viral Hepatitis Care</td>
<td>3.0</td>
<td>1.5-2.0</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Trauma Informed Care 101</td>
<td>6.5</td>
<td>6.5 (4 sessions)</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td>Sex, Gender and HIV/STIs</td>
<td>13.0</td>
<td>n/a</td>
<td>□</td>
<td></td>
</tr>
<tr>
<td><strong>SafeTALK Suicide Alertness Training</strong>*</td>
<td>3.0</td>
<td>n/a</td>
<td>□</td>
<td></td>
</tr>
</tbody>
</table>

**Required Medical Information Courses:**

You must take the in-person “**Intro to HIV, STIs & Viral Hep”** course or take all 3 highlighted courses, in-person or online

| Introduction to HIV, STIs and Viral Hepatitis | 6.5 | 1.5 | □ |
| Overview of HIV Online Training | n/a | 2.0 | □ |
| Hepatitis C Basics for Peer Workers | 6.5 | 1.5-2.0 | □ |
| Introduction to Sexually Transmitted Infections | 3.0 | 1.5-2.0 | □ |

**Counseling Skills:** (choose at least two counseling approaches totaling 6.0 hours)

| Harm Reduction Approach Overview | 6.5 | 1.5-2.0 | □ |
| Motivational Interviewing | 3.5-6.5 | n/a | □ |
| Motivational Interviewing Overview | n/a | 0.5 | □ |
| Motivational Interviewing Practice | 3.5-6.5 | 1.5 | □ |
| Overview of Stage-based Behavioral Counseling | 6.5 | 2.0 | □ |

**Add your in-person hours:**

**Add your online hours:**

**Add your in-person and online hours together: (must have at least 68 hours)**

---

New York State Certified Peer Worker Course Catalogue – Updated August 2021
The box below is a list of PrEP specialized training topics. Not all courses on this page need to be completed and checked off. A minimum of 22 hours are required before applying for certification.

<table>
<thead>
<tr>
<th>Training Title</th>
<th>Training Hours</th>
<th>Date Scheduled</th>
<th>Date Taken</th>
<th>Course Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Role of the PrEP Peer Worker in Patient Navigation*</td>
<td>13.0</td>
<td>□</td>
<td></td>
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<tr>
<td>Addressing Sexual Risk with Drug Users and their Partners</td>
<td>6.5</td>
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<td>□</td>
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<td>6.5</td>
<td>□</td>
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<tr>
<td>HIV Testing in NYS</td>
<td>2.0 - 3.0</td>
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<td></td>
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<tr>
<td>HIV Testing Skills Practice Session</td>
<td>6.5</td>
<td>□</td>
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<tr>
<td>Implementing A Sex Positive Approach</td>
<td>1.5 / 12.0</td>
<td>□</td>
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<tr>
<td>The Intersection of Sex &amp; Substance Use</td>
<td>3.0</td>
<td>□</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Overview of PrEP Payment Options</td>
<td>0.5</td>
<td>□</td>
<td></td>
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<tr>
<td>PrEP / PEP, Trauma and Sexual Health</td>
<td>6.5</td>
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<td>1.5</td>
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<tr>
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<td>1.5</td>
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</tbody>
</table>

**Total Specialized Hours**

(Add training hours)

*This symbol denotes a course has a prerequisite. Please see the course description for details.

*This course will be scheduled in September 2021*
NYS AIDS Institute Pre-Certification Peer Worker Training

The New York State Department of Health is pleased to announce that, beginning in early 2016, there will be a formal process for certifying individuals as NYS AIDS Institute Peer Workers.

This three-day in person training is intended for people seeking to become NYS AIDS Institute Certified Peer Workers who are either currently working as a Peer Worker or who have been selected by an agency for possible future employment as a Peer Worker. The interactive training helps participants build the knowledge, attitudes and skills needed to use their lived experience of HIV, HCV or accessing harm reduction services as a vehicle to help clients.

As a result of this training, participants will be able to:

- Use their lived experience as the basis for providing effective prevention, harm reduction, outreach, patient-navigation and/or self-management services to clients;
- List core competencies of NYS AIDS Institute Peer Workers and identify required trainings to build skills in each competency;
- Recall the NYS AIDS Institute Peer Worker Code of Ethics;
- Maintain confidentiality and appropriate boundaries when working with clients;
- Work effectively as a member of their agency’s care team;
- Follow-best practices for documenting the services they provide to clients;
- Participate effectively in case conferences with other professionals;
- Explore issues related to employment as a peer worker; and
- Identify self-care strategies to address work-related stress.

Prerequisites: Completion of a community-based peer recovery or peer readiness training or preparation of an HIV/HCV/harm reduction treatment experience statement. Completion of at least three core courses from the required peer certification training list.

Format: In-person

Training Hours: 19.5 hours
NYS AIDS Institute Virtual Pre-Certification Peer Worker Training

This five-day online training is intended for people seeking to become NYS Certified Peer Workers who are either currently employed as a Peer Worker or who have been selected by an agency for possible future employment as a Peer Worker. This interactive training helps participants build the knowledge, attitudes and skills needed to use their shared lived experience of HIV, HCV or accessing harm reduction services as a vehicle to assist clients. This course counts for 19.5 hours of the Core Training Hours.

As a result of this training, participants will be able to:

- Use their shared lived experience as the basis for providing education, effective prevention methodology, harm reduction, outreach, patient-navigation and/or self-management services to clients.
- List core competencies of NYS Peer Workers and identify required trainings to build skills in each competency.
- Recall the NYS Peer Worker Code of Ethics.
- Maintain confidentiality and appropriate boundaries when working with clients.
- Work effectively as a member of their agency’s care team.
- Follow-best practices for documenting the services they provide to clients.
- Participate effectively in case conferences with other professionals.
- Explore issues related to employment as a Peer Worker; and
- Identify self-care strategies to address work-related stress.

Audience: People seeking to become NYS Certified Peer Workers who are either currently working or volunteering as a Peer Worker or who have been selected by an agency for possible future employment as a Peer Worker. A “peer” is defined as someone living with HIV/AIDS, Hep C, and/or has experience accessing Harm Reduction services.

Prerequisites: Completion of a community-based peer recovery or peer readiness training or preparation of an HIV/HCV/harm reduction treatment experience statement AND completion of at least three core courses from the required peer certification training list.

Format: Online training; two 2-hour sessions (four hours per day) over five (5) days.

Training Hours: 19.5 hours
Building Bridges to Cultural Humility

This **one-day in-person training or two-2.0-hour webinar series** explores the broad definition of culture and its relationship to competent and effective health care and human service delivery.

**As a result of this training participants will be able to:**

- Discuss invisible privilege and its effect on both receiving and providing services.
- Explore potential obstacles to providing effective services; and
- Describe how these obstacles are created when diverse cultures, Western medicine and human service deliveries collide.

**Prerequisite:** None

**Format:** In-person or online

**Training Hours:** 6.5 hours in-person or 4.0 hours online (two 2.0-hour sessions)
Health Equity

The goal of this **two-hour online training** is to increase non-physician health and human services providers’ understanding of the importance of health equity, and how health equity impacts the clients they work with.

**Objectives:** By the end of this training, participants will be able to:
- Define key terms related to health equity.
- List the social determinants of health.
- Describe how health equity is impacted by the social determinants of health.
- Identify three steps that non-physician health and human services providers can take to implement a health equity lens in their work.

**Prerequisite:** None

**Format:** Online

**Training Hours:** 1.0 hours online
Health Literacy in HIV, STI, and Viral Hepatitis Care - Health Literacy in Patient Care

This in-person half-day or 1.5-hour online training will provide health and human services providers an overview of health literacy and give participants the opportunity to develop skills utilizing health literacy universal precautions to clearly communicate with patients or clients. At completion of this training, participants will be able to apply two health literacy strategies, plain language and teach back method, into their work.

As a result of this training, participants will be able to:

- Define health literacy, the health literacy dis-connect in healthcare, and how this effects patients and the public;
- Learn about two health literacy universal precautions, plain language and teach back method, to improve communication and patient understanding;
- Develop plain language and teach back facilitation skills; and
- Identify common concerns and challenges associated with incorporating plain language and teach back method with all patients.

**Prerequisite:** None

**Format:** In-person or online

**Training Hours:** 3.0 hours
Introduction to HIV, STIs and Viral Hepatitis

This one-day or 1.5 hour online training will prepare non-physician health and human services providers to address HIV, sexually transmitted infections (STIs) and viral hepatitis in an integrated, client-centered manner. The training will review the similarities and differences in transmission, screening, available treatments and needed support services for each of the diseases. The training will emphasize the connection between these diseases and the skills needed to effectively interact with clients who’s sexual or substance using behaviors place them at risk for HIV, STIs and viral hepatitis.

As a result of this training, participants will be able to:

- Recall data showing the overlap of cases of HIV, STIs and viral hepatitis;
- State the rationale and importance of integration of services related to HIV, STIs and viral hepatitis;
- State the similarities and differences in how HIV, STIs and viral hepatitis are transmitted;
- Deliver an integrated prevention message for HIV, STIs and viral hepatitis;
- Provide clients with basic information about the spectrum of illness, testing and treatment for HIV, STIs and viral hepatitis; and
- Link clients to needed HIV, STI, and viral hepatitis testing, treatment and support services.

Prerequisite: None

Format: In-person or online

Training Hours: 6.5 hours in person or 1.5 hours online
LGBTQ+ Cultural Competency

This **one-day in-person or two 2.0-hour online training series** is designed to build the knowledge, attitudes and skills needed to enable non-physician health and human services providers to deliver culturally competent services to the diverse range of lesbian, gay, bi-sexual, transgender and questioning (LGBTQ) clients they serve. This interactive training will help providers identify best practices for creating a welcoming and safe environment for LGBTQ clients. It will also help participants identify communication skills needed for effective engagement of the wide range of LGBTQ clients at risk for, or living with, HIV, STIs or Hepatitis C.

As a result of this training, participants will be able to:
- Define various gender and sexuality terminologies, including identities and concepts, used in LGBTQ communities;
- Differentiate sex, gender identity and recognize the sexual orientation as their own distinct concepts and that they exist on a continuum;
- Distinguish between various forms of oppression experienced by LGBTQ people and how these levels are interconnected;
- Understand the concepts of unexamined privilege and its relationship with oppression;
- Reflect on and identify one’s own privileges and types of oppression in professional settings and how their privilege/oppression affects their client/provider relationship;
- Define social determinants of health;
- Identify reasons why LGBTQ people are disproportionately at risk based on social determinants of health
- Recognize specific LGBTQ health disparities among various LGBTQ subpopulations;
- Describe protective factors for LGBTQ people that counter health risks; and
- Identify strategies that organizations/agencies can adopt or create to ensure safe and welcoming environment for LGBTQ clients/patients and staff.

**Prerequisite:** None

**Format:** In-person or online

**Training Hours:** 6.5 hours in person or two-2.0 hour online sessions
Overview of HIV

This self-directed 2-hour online training serves as an introductory course for non-physician health and human services providers. The training provides up-to-date information about HIV in four different modules. The training is self-paced. Progress is automatically saved and learners may exit and return as desired. It takes approximately 120 minutes to complete all modules.

By the end of this self-paced online training, you will be able to:

- Recall that HIV is a manageable chronic condition when people take advantage of antiretroviral treatment and primary care.
- Recall NYS regulations regarding HIV testing, including updated information about the removal of written or verbal informed consent, key messages for people based on test results and the importance of arranging HIV care for those diagnosed with HIV.
- Identify how HIV is and is not transmitted.
- Recall the different ways to prevent HIV, including U=U, PEP, PrEP and other harm reduction strategies.
- Define Health Equity and identify elements of affirming services.

Audience: All non-physician health and human services providers; peer educators; and anyone in the general public with an interest in HIV/AIDS.

Prerequisite: None

Format: Online

Training Hours: 2.0
Peers Providing Trauma Informed Care (Trauma Informed Care 101)

This **one-day in-person training or 4-part 1.5-hour online training series** will provide Peer Workers with an overview of trauma and Trauma-Informed Care. It will cover the effects of trauma, re-traumatization and how Peer Workers can utilize a Trauma-Informed approach. The training will emphasize why Peer Workers should be aware of the impact of trauma on the clients they work with, as well as help peer workers understand the importance of using a Trauma-Informed approach within their agencies. The training will review how Peer Workers can work with other members of the care team to help clients access needed services to address the impact of trauma on their lives, including strategies for destigmatizing mental health services. The training will also allow Peer Workers to consider the impact of trauma on their own lives and will review self-care strategies to remain balanced when working clients who have experienced trauma.

**As a result of this training, participants will be able to:**

- Understand the impacts of trauma and vicarious trauma on an individual;
- Identify the five principles of Trauma-Informed Care;
- Understand the importance of using a Trauma-Informed approach in their work;
- Utilize the five principles of Trauma-Informed Care to reduce the risk of re-traumatization;
- Work with other members of the care team to help clients who have experienced trauma access needed support services;
- Identify Trauma-Informed approaches which help reduce the stigmatization of accessing mental health services; and
- Practice self-care strategies.

**Prerequisites:** None

**Format:** In-person or online

**Training Hours:** 6.5 hours or four-1.5 hour trainings (all four online sessions must be completed for course credit)
SafeTALK: Suicide Alertness for Everyone

Safe Tell, Ask, Listen and KeepSafe (SafeTALK) is a three-hour in-person training that prepares anyone over the age of 15 to identify persons with thoughts of suicide and connect them to suicide first aid resources. Most people with thoughts of suicide invite help to stay safe. Alert helpers know how to use these opportunities to support that desire for safety. Powerful video clips illustrate both non-alert and alert responses; discussion and practice help stimulate learning. Learn steps that contribute to saving lives.

As a result of this training participants will be able to:

- Move beyond common tendencies to miss, dismiss or avoid suicide;
- Identify people who have thoughts of suicide
- Apply the TALK steps (Tell, Ask, Listen and KeepSafe) to connect a person with suicide thoughts to suicide first aid, intervention caregivers.

Prerequisite: None

Format: In-person

Training Hours: 3 hours

This course is not offered through the AIDS Institute HIV Education and Training website.

Please see https://www.preventsuicideny.org/training-options/ for more information.
Sex, Gender and HIV/STDs

This two-day in-person training is designed to help health and human services providers promote sexual health among their clients by building their capacity to talk sensitively and non-judgmentally about sexual identity, gender identity and sexual behaviors. Topics to be covered during the training include: sexual and gender identity; strategies for talking with clients about sexual health issues; HIV/STD prevention and harm reduction strategies for sexual behaviors.

As a result of this training, participants will be able to:

- Increase their awareness about the range of sexual and gender identities of their clients;
- Describe how homophobia and other forms of stigma and discrimination can impact a client’s sexual behaviors and ability to practice sexual risk reduction;
- Increase their comfort in discussing sexual and gender identity with clients;
- Describe how sexual trauma can impact a client’s sexual behaviors and risk for HIV/STDs; and
- Offer clients harm reduction options for sexual behaviors.

Prerequisite: Although there is no prerequisite for this course, it is strongly recommended that participants have previous knowledge or training on basic HIV/AIDS information.

Format: In-person

Training Hours: 13 hours
Harm Reduction Approach Overview

This **one-day in-person or 1.5-hour online training** will provide health and human service providers with a comprehensive overview of Harm Reduction. Harm reduction is a practical set of strategies designed to prevent disease and promote health by “meeting people where they are” rather than making judgments about where they should be in terms of their personal health and lifestyle. Recognizing that not everyone is ready or able to stop risky behavior, harm reduction focuses on promoting ways to reduce the health risks associated with drug use and other high-risk behaviors. This course will assist providers in more effectively engaging their clients in a range of interventions to reduce the risk of harm.

**As a result of this training, participants will be able to:**

- Define the key principles of harm reduction;
- Identify at least three attitudes they have about using a harm reduction approach;
- Explore the harm reduction premise that the client is the expert and is responsible for choosing the type and timing of behavior change;
- List a range of harm reduction options for substance use behaviors;
- Identify a range of harm reduction options for sexual behaviors;
- Describe ways in which they can incorporate harm reduction skills into their relationships with clients; and
- Practice identifying relevant approaches and barriers to using harm reduction techniques with their clients.

**Prerequisite:** None

**Format:** In-person or online

**Training Hours:** 6.5 in-person or 1.5 hours online
Motivational Interviewing

This one-day training is designed for non-clinical providers working with clients presenting with high-risk behaviors and/or those who are HIV positive. This course will provide an overview of the Motivational Interviewing approach and its value as a client-centered directive intervention. The course focuses on helping providers address client ambivalence and the use of tools to help clients move towards less risky behaviors and change.

As a result of this training, participants will be able to:

- Review general principles of Motivational Interviewing;
- Engage clients more effectively during service delivery;
- Apply motivational interviewing techniques and practice skills;
- Respond more effectively to client resistance and reluctance; and
- Identify client’s stage(s) of change and apply appropriate motivational techniques.

Prerequisite: It is strongly recommended that participants have previous knowledge of basic HIV/AIDS information and harm reduction.

Format: In-person

Training Hours: 6.5 hours
Motivational Interviewing: Overview

This **30-minute online training** will provide health and human service providers with an introduction to Motivational Interviewing. The course will review the basic elements of Motivational Interviewing and how it can be helpful to providers when working with clients who are HIV positive, infected with Hepatitis C, or require harm reduction services.

**As a result of this training, participants will be able to:**

- Define Motivational Interviewing (MI)
- List 3 benefits of using MI
- Identify the major elements of MI
- Discuss ways to know if MI is effective
- Identify opportunities to use principles of MI in consumer encounters

**Prerequisite:** None

**Format:** Online

**Training Hours:** 30 minutes
Motivational Interviewing Practice

This training is offered in a **half day or full-day in-person format** or a **one-hour online training** will will provide health and human service providers with an opportunity to practice applying the four processes of Motivational Interviewing (MI): Engaging; Focusing; Evoking; and Planning.

As a result of this on-line course, you will be able to:

- Describe the four elements of the spirit of Motivational Interviewing, or MI, that frame the relationship between the provider and client
- Describe the four processes of MI
- Apply the basic skills of MI in the context of working with clients living with or at risk for HIV/STIs or Viral Hepatitis, and
- Practice working through the four processes of MI with clients living with or at risk for HIV/STIs or Viral Hepatitis to resolve ambivalence and support healthy behavior change

**Prerequisite:** None

**Format:** In-person or online

**Training Hours:** 3.5 / 6.5 in-person, or 1.0 hours online
Overview of Staged-based Behavioral Counseling

This **one-day in-person or 1.5-hour online training** is designed to help health and human service providers gain knowledge and skills in Stage-based Behavioral Counseling approaches and their applied use in the HIV/STI/VH prevention and care services. Stage-based Behavioral Counseling is an adaptation of the Stages of Change/Transtheoretical Model of Behavior Change Theory.

As a result of this training, participants will be able to:

- Describe the Stages of Change/Transtheoretical Model of Behavior Change Theory;
- Assess clients’ stage of readiness for prevention and care services;
- Deliver counseling strategies matched to clients’ stage of readiness; and
- Integrate behavioral approaches into existing prevention and care services.

**Prerequisite:** None

**Format:** In-person or online

**Training Hours:** 6.5 in-person or 1.5 hours online
Course Descriptions – Specialized Courses
Active Drug Users and HIV/HCV Retention in Care and Treatment Adherence

This **one-day in person training** is designed to assist health and human services providers in promoting retention in care and treatment adherence with active substance users. Providers that are aware of effective strategies for working with active substance users can play a vital role in assisting clients with retention and treatment adherence. Topics to be covered during the training include: defining active substance use, including levels of use; strategies for talking with clients about the importance of maintaining healthcare; harm reduction strategies and tools for working with active substance users.

**As a result of this training, participants will be able to:**

- Increase their knowledge of issues related to active substance use and HIV/HCV retention in care and treatment adherence;
- Recall the definition of active substance use and recognize various forms of substance use and stages of use;
- Recognize strengths of substance users and identify ways to use those strengths to achieve retention in care and treatment adherence;
- Recognize strategies employed by providers to work with active substance users; and
- Describe strategies for supporting retention in care and treatment adherence during periods of chaotic use, relapse and transitions in and out of drug treatment.

**Prerequisite:** Although there is no prerequisite for this course, it is strongly recommended that participants have previous knowledge or basic training on HIV, hepatitis C and substance use.

**Format:** In-person

**Training Hours:** 6.5 hours
Addressing Sexual Risk with Drug Users and Their Partners

This **one-day in-person training** will build participant knowledge and skills in offering sexual harm reduction options to substance users. Although expanded access to syringes and drug treatment options have helped people greatly reduce their substance use-related risks for HIV, the latest research shows that sexual risk behaviors play a significant role in new cases of HIV among people who use drugs and alcohol.

**As a result of this training, participants will be able to:**

- Recall the latest research that shows how expanded access to syringes and methadone maintenance programs has greatly reduced the number of new cases of HIV from substance use-related risk;
- Identify and discuss sexual risk behaviors clients engage in when using drugs and alcohol;
- Identify harm reduction strategies for reducing sexual risk among people who use drugs and alcohol; and
- Practice harm reduction messages tailored to sexual behaviors for people who use drugs and alcohol.

**Prerequisite:** None

**Format:** In-person

**Training Hours:** 6.5 hours
Crystal Meth, MSM & HIV: An Update

This **two-day in-person training** will increase knowledge of methamphetamine use among MSM, the connection to HIV and Hepatitis, harm reduction strategies and treatment issues. Methamphetamine use by MSM is not a new idea in New York State. However, recently there has been an increase in crystal methamphetamine use among MSM of color.

**As a result of this training, participants will be able to:**

- Identify epidemiologic trends and reasons why this information is relevant today
- List at least two reasons why this drug is popular among MSM of Color
- Describe their own values about working with MSM, people who use drugs, and sexual practices
- Define stimulants and depressants and why people might use them
- Describe at least three perceived benefits of methamphetamine use and long term effects
- Define the use of the DSM-5 in treatment and at least six of the criteria used for a diagnosis
- Define trauma and trauma informed care
- Recognize the difference between screening and assessment
- Identify at least four key elements of the Mental Health Assessment
- Define “Evidence-Based Practice” and list at least three practices that evidence-based for substance use
- Identify at least three resources for treatment and how to access treatment

**Prerequisite:** None

**Format:** In-person

**Training Hours:** 13.0 hours
Ensuring Competencies for Hepatitis C Testing

This **one-day in-person training** will define the specific competencies that all staff who offer HCV screening should be able to carry out on a consistent basis in their work with clients. Participants will receive specific tools and resources to assist with meeting these competencies. Through interactive role plays and real-life examples, participants will practice delivering tailored information about Hepatitis C transmission, prevention, diagnosis, disease progression and treatment. The training will include use of self-assessment tools to help participants build their competencies in all areas of HCV testing, including basic education about HCV, provision of test results, linkage to diagnostic testing, health care services and harm reduction messaging.

**As a result of this training, participants will be able to:**

- Deliver accurate messages to clients about HCV transmission, prevention strategies, diagnosis, disease progression and availability of effective treatment;
- Explain the meaning of HCV test results and motivate all clients with a reactive result to follow-up with a medical provider for further diagnostic testing;
- Deliver tailored harm reduction messages to clients with reactive or non-reactive test results, including educating clients about syringe access options;
- Deliver accurate information about new, effective HCV treatment to dispel common myths and fears;
- Practice using Motivational interviewing to promote linkage and engagement in health care and other social services.

**Prerequisite:** Knowledge of HCV information and completion of on-line training in Motivational Interviewing is required.

**Format:** In-person

**Training Hours:** 6.5 hours
Harm Reduction Support Following an Opioid Overdose Reversal

This one-day in-person or 2-hour online archived webinar training will review the factors that place a person at risk for overdose and strategies for reducing the risk of future overdose. It will focus on information and referrals that providers can offer an individual after an overdose as well as best practices for agencies to have in place when providing support to clients who have experienced reversal of an overdose.

As a result of this training, participants will be able to:

- Explain risk factors for opioid overdose and strategies to reduce these risks;
- Describe the impact of naloxone on someone whose overdose was successfully reversed;
- Dispel myths regarding opiate overdose and administration of naloxone;
- Describe strategies for effectively working with others at the scene of an overdose or in the emergency room, including hospital personnel, EMS, law enforcement and bystanders;
- List a range of post-care information including referrals to Buprenorphine, syringe services programs, obtaining naloxone, and others;
- Negotiate a safety plan with the individual who has experienced an opioid overdose;
- Provide ongoing support for program staff and peer workers who have responded to or witnessed an overdose.

Prerequisite: None

Format: In-person on archived webinar

Training Hours: 6.5 hours in-person or 2.0 hours webinar
Group Facilitation Skills for STD/HIV Prevention Interventions

This **two-day in-person training** will help to increase providers' confidence, knowledge and skills in facilitating groups, particularly for group level HIV/STD prevention interventions (e.g., Centers for Disease Control and Prevention evidenced-based interventions).

**As a result of this training, participants will be able to:**

- Increase their understanding of group process and how it influences behavior change;
- Identify qualities of an effective group facilitator;
- Increase skills in facilitating STD/HIV prevention intervention groups;
- Identify strategies for handling group problems; and
- Learn the importance of training, supporting, and evaluating group facilitators.

**Prerequisite:** None

**Format:** In-person

**Training Hours:** 13 hours
Healthy Sex! Linking Gay Men and MSM to Sexual Health Services

This **one-day in-person training** is designed to help participants become more comfortable discussing sexual health issues with MSM (men who have sex with men). It will provide an overview of the role of the non-medical provider in addressing barriers to linkage and retention in care for MSM, and methods to help MSM become advocates for their sexual health. The course will address participants’ values, attitudes, and beliefs about MSM, and offer guidance on how to employ a sex-positive approach to such areas as anal sex and cancer, substance use, STIs (including HIV and HCV), PEP and PrEP, serosorting, condoms, and treatment as prevention.

**As a result of this training, participants will be able to:**

- Recall NY State epidemiology on MSM and HIV;
- Identify strategies that providers can use to address barriers to prevention, treatment, and care for MSM;
- Identify patient navigation techniques to help MSM talk to their medical providers about their sexual health;
- State current information on anal health and anal cancer;
- Address PEP, PrEP, and prevention burnout among MSM; and
- Identify strategies that address mental health, substance use, and sexual risk in MSM.

**Prerequisite:** Recommended but not required to have attended HIV 101 or basic HIV course offered at www.hivtrainingny.org.

**Format:** In-person

**Training Hours:** 6.5 hours
Hepatitis C Basics for Peer Workers

This **one-day in-person training** will offer peer workers information about hepatitis C and will cover basic facts about hepatitis A and B.

**As a result of this training, participants will be able to:**

- Recall basic facts about the who is affected by hepatitis C in New York State
- Recall basic facts about the functions of the liver
- Describe how hepatitis C is and is not transmitted
- Share information with others about viral hepatitis prevention and harm reduction strategies.
- Recall recommendations regarding who should be screened for hepatitis B and C
- Describe the two-step testing algorithm for hepatitis C
- Recall resources for HCV testing in NYS
- Describe to clients the spectrum of illness for hepatitis C
- Recall key facts about new treatments for hepatitis C and resources for HCV treatment in NYS
- Counsel clients with hepatitis C about the importance of vaccination for hepatitis A and B, avoiding alcohol, good liver health practices and avoiding re-infection
- Recall NYS AIDS Institute HCV Peer Worker competencies

**Prerequisite:** None

**Format:** In-person

**Training Hours:** 6.5 hours
Hepatitis C Medical Care and Treatment Update for Peer Workers

This **one-day in-person training** will review the latest advances in treatment for hepatitis C (HCV) and increase awareness of HCV Peer Workers about the overall medical care needs of people living with HCV. The training will review New York State core competencies for HCV peer workers related to supporting clients in accessing HCV medical care and treatment. It will provide peer workers with an opportunity to reflect on a wide range of ethical issues as well as their own attitudes and beliefs about HCV treatment with the goal of building peer worker skills in motivating and engaging clients in HCV medical care and treatment.

**As a result of this training, participants will be able to:**

- Explain the importance of engaging people living with HCV in primary care
- Recall basic information about advances in HCV treatment
- Recall NYS AIDS Institute HCV Peer Worker competencies related to linkage to care and patient navigation
- Use motivational interviewing to talk with clients about HCV treatment and work as part of a care team to assist clients in accessing and completing treatment
- Counsel clients living with HCV about the importance of vaccination for hepatitis A and B, avoiding or reducing alcohol intake and good liver health practices
- Counsel clients about the importance of avoiding re-infection and provide harm reduction strategies to avoid re-infection
- Recall basic information about health coverage options and other benefits that are available to help people living with HCV access health care services and medications
- Work as a member of the care team to:
  - Help patients take advantage of health maintenance services, vaccination, and other preventive services
  - Assist with follow-up on care team recommendations regarding client assessments and referrals for a variety of psychosocial issues including substance use, mental health, domestic violence, smoking cessation, etc.
  - Participate in case conferences.

**Prerequisite:** Hepatitis C Basics for Peer Workers or similar course

**Format:** In-person

**Training Hours:** 6.5 hours
Hepatitis C Peer Worker Role in Patient Navigation

This two-day in-person training will prepare Hepatitis C Peer Workers to help people navigate hepatitis C (HCV) testing, linkage to routine medical care and engagement in HCV treatment. This training will review the New York State Peer Certification core competencies related to patient navigation for HCV peer workers and focus on building specific skills and strategies peer workers can use to conduct outreach and other activities to help clients navigate the health care system.

As a result of this training, participants will be able to:

- Define barriers that prevent optimal engagement in HCV care;
- Conduct outreach to link people with HCV to medical care;
- Recall NYS AIDS Institute HCV Peer Worker competencies related to linkage to care and patient navigation;
- Outline strategies for assisting clients in navigating the complex maze of HCV screening, medical care and treatment;
- Respond effectively to common client concerns about accessing HCV care;
- Identify best practices for serving as a client escort and providing a facility tour;
- Provide clients practical guidance regarding appointment scheduling, navigating the health care system and establishing a positive relationship with all members of their health care team;
- Provide clients with harm reduction and re-infection prevention support

Prerequisite: Hepatitis C Basics for Peer Workers or similar course

Format: In-person

Training Hours: 13.0 hours
Hepatitis C Prevention with Young People Who Inject Drugs (PWID)

This one-day in-person training will explore Hepatitis C virus (HCV) prevention issues for young (18-29 years) people who inject drugs (PWID) in both urban and non-urban settings. The training will emphasize the link between viral hepatitis infection, prescription opioid misuse, and the potential for transition to heroin. Through interactive skills building activities, participants will identify strategies for effective and culturally competent engagement and intervention with youth who inject drugs.

As a result of this training participants will be able to:

- Describe the scope of HCV infection in young PWIDs;
- Explain the association between the emerging epidemic of HCV infections among young persons and the prescription drug epidemic;
- Identify factors impacting young PWIDs’ vulnerability to HCV infection;
- Identify the principles of youth-centered, harm reduction-oriented service provision;
- Formulate effective prevention messages that address young PWIDs’ risk behaviors related to drug use; and
- Identify strategies for HCV prevention for young PWID.

Prerequisite: Although there is no prerequisite for this course, it is strongly recommended that participants have previous knowledge or basic training on HIV, Hepatitis C and substance use.

Format: In-person

Training Hours: 6.5 hours
Hepatitis C: Screening, Diagnosis, and Linkage to Care

This **one-day in-person training** will help increase non-clinical health and human services provider’s knowledge of Hepatitis C screening and diagnosis and the importance of effective linkage to care for persons infected with the Hepatitis C virus (HCV).

**As a result of this training, providers will be able to:**

- Describe the burden of HCV disease;
- Identify HCV risk groups;
- Describe the NYS law with regard to offering an HCV screening test;
- Distinguish between HCV screening and diagnostic tests and the meaning of their results;
- Demonstrate the delivery of accurate HCV counseling messages based on test result;
- State and explain the importance of linking people infected with HCV to care;
- List two barriers and two solutions to effectively linking HCV infected persons to care; and
- State at least two core components of an effective active HCV linkage to care model.

**Prerequisite:** It is strongly recommended that participants have basic knowledge of HCV or have previously attended, “**Integrating Viral Hepatitis into Your Work,**” or, “**HIV and HCV Co-infection,**” trainings.

**Format:** In-person

**Training Hours:** 6.5 hours
HIV and Hepatitis C Co-Infection

This **half-day in-person training** is for health and human service providers who work with people living with HIV and who need updated information about HIV/HCV co-infection in order to provide effective services to their clients. More than 25% of people living with HIV in the United States are co-infected with the Hepatitis C virus (HCV). Among people who acquired HIV as a result of injection drug use, the rates of HIV/HCV co-infection may be as high as 90%. HCV screening is recommended for all persons living with HIV.

**As a result of this training, participants will be able to:**

- Recall basic information about the liver and hepatitis C, including transmission, prevention, course of illness, screening and treatment;
- Counsel their HIV positive client about the importance of knowing their HCV status;
- Describe how co-infection with HIV and HCV affects the progression of each disease;
- Recall current trends and improvements in treatment for people who are co-infected with HIV and HCV; and
- List at least three additional service needs of people with HIV who are also co-infected with HCV.

**Prerequisite**: Although there is no prerequisite for this training, it is strongly recommended that participants have previous training in HIV/AIDS.

**Format**: In-person

**Training Hours**: 3.0 hours
HIV Peer Worker Role in Patient Navigation

The two-day in-person training will prepare HIV Peer Workers to help people with HIV who are newly diagnosed or who have fallen out of care learn to navigate the health care and social service delivery system. This two-day course draws from recently published guidelines from the International Association of Providers in AIDS Care and other best practices. This training will provide Peer Workers with the tools necessary to assist people with HIV in navigating the complexities of HIV care in the role of patient navigator.

As a result of this training, participants will be able to:

- Define barriers that prevent optimal engagement in HIV care;
- Recall NYS AIDS Institute HIV Peer Worker competencies related to linkage to care and patient navigation;
- Outline strategies for assisting clients in navigating the complex maze of HIV care and support services;
- Respond effectively to common client concerns about accessing HIV care and beginning HIV treatment;
- Identify best practices for serving as a client escort and providing a facility tour; and
- Provide clients practical guidance regarding appointment scheduling, navigating the health care system and establishing a positive relationship with all members of the HIV care team.

Prerequisite: Preferred that individuals have completed “Overview of HIV”.

Format: In-person

Training Hours: 13 hours
HIV Testing in NYS

This **half-day in-person or 2.0-hour online training** will provide the latest information about New York State Public Health Law requirements that guide HIV testing. In 2017, regulations were released which removed the requirement for obtaining informed consent in writing or orally. However, regulations require that patients be made aware of the offer of HIV testing, be provided key points of information about HIV prior to the test and be informed that they have the right to decline an HIV test. The training will review the updated HIV diagnostic testing algorithm and raise awareness about acute HIV infection. Participants will receive patient education resources for different testing results and understand their responsibility to provide patients diagnosed with HIV with an appointment for HIV care.

**As a result of this training, participants will be able to:**

- Meet the requirements of public health law to routinely offer HIV testing as a part of health care services to all patients age 13 and older;
- Recall the settings and providers impacted by the law
- Recall the key points about HIV testing that must be provided before conducting an HIV test;
- Be familiar with the latest HIV diagnostic testing algorithm and identify tools for interpreting the results of the multi-test algorithm;
- Describe the process for providing an HIV negative result;
- Recall follow-up actions for patients newly diagnosed as living with HIV including case reporting responsibilities and the requirement of arranging for follow-up HIV care (with patient’s consent);
- Recall the confidential nature of HIV testing and the use of NYS consent forms for disclosure of HIV related information; and
- Recall the procedure for requesting information from the DOH for the purpose of re-engaging a patient of the facility who appears to be out of care

**Prerequisite:** Although there is no prerequisite for this training, it is strongly recommended that participants have previous training in basic HIV/AIDS.

**Format:** In-person

**Training Hours:** 3.5 hours in-person or 2.0 hours online

**Additional Training:** Participants who would like an opportunity to practice the skills associated with offering HIV testing services may choose to attend “HIV Testing: Skills Practice Session”.
HIV Testing Skills Practice Session

This one-day in-person training will provide participants with an opportunity to practice key skills related to offering HIV testing services.

As a result of this training, participants will be able to:

- Recall strategies for providing HIV pre-test messages to clients with special needs, including low literacy skills, limited English proficiency, issues related to capacity to consent, and other unique circumstances or needs;
- Deliver a preliminary positive and confirmed positive HIV test result;
- Arrange for HIV care for newly diagnosed HIV positive patients;
- Conduct the NYS domestic violence screening protocol;
- Recall responsibilities regarding completion of the New York State Medical Provider HIV/AIDS and Partner/Contact Report Form (DOH-4189), including making an effective referral to the appropriate partner services program; and
- Recall the rationale and limitations of integrating HIV testing with screening for Hepatitis C and STIs.

Prerequisite: Knowledge of basic HIV/AIDS information and attendance at "HIV Testing in NYS" or an equivalent training.

Format: In-person

Training Hours: 6.5 hours
Implementing A Sex Positive Approach

This **two day in-person or 1.5-hour online training, or 12-hour online 6-part training series** will prepare non-physician health and human services providers with the knowledge, attitudes and skills needed to employ a non-judgmental, sex positive approach during all interactions with clients.

**As a result of this training, participants will be able to:**

- Demonstrate comfort talking about sexual health, sexual behavior and sexual pleasure;
- Demonstrate acceptance and non-judgmental attitudes regarding the different reasons a person engages in consensual sexual behavior;
- Demonstrate comfort using either medical terms or slang terms for different sexual behaviors and parts of human genitalia;
- Be familiar with the practice of using substances to enhance sexual pleasure;
- Explain the history of HIV prevention and why PrEP and U=U represent such important advances;
- Discuss the risk of HIV transmission during different sexual behaviors and present a range of harm reduction options;
- Share client-centered, culturally appropriate messages about HIV treatment as prevention and U=U;
- Explain PrEP as an empowering sex-positive biomedical intervention for HIV prevention without using scare tactics;
- Explain birth control/ contraceptive options with clients in a culturally responsive manner;
- Use open-ended questions when asking clients about their sexual desires, experiences and actively listen to responses;
- Use affirming language around gender identify, gender expression, sexuality and sexual orientation.

**Audience:** Non-physician health and human services providers who work with clients/ patients at risk for HIV or STIs including prevention specialists, PrEP specialists, peer workers, case managers, care managers and coordinators, social workers, client services staff and others

**Prerequisite:** Knowledge of basic HIV/AIDS information and attendance at "HIV Testing in NYS" or an equivalent training.

**Format:** In-person or online

**Training Hours:** 13.0 hours in-person / 1.5 hours online webinar / 6-part 12.0 hours webinar series
The Intersection of Sex & Substance Use

This in-person **half-day training or 1.5-hour online training** will prepare non-physician health and human service providers and peer workers with the knowledge, attitudes and skills needed to provide culturally-relevant HIV prevention services to clients who combine sex substance use to enhance sexual desire, pleasure or performance.

**As a result of this training, participants will be able to:**

- Recall the impact of different substances on sexual desire, pleasure and performance;
- Maintain a non-judgmental attitude regarding the use of substances to engage in sex, or enhance, the sexual experience;
- Provide hard risk reduction options and referrals to individuals seeking help for substance use, including methamphetamine use;
- Offer sexual harm reduction strategies for individuals who use substance to enhance sex;
- Explain the history of HIV and why PrEP represents such an important advance;
- Use affirming language around gender identity, sexuality, and sexual orientation.

**Prerequisite:** None

**Format:** In-person

**Training Hours:** 3.0 hours or 1.5-hour online training
Intro to Co-Occurring Disorders for Clients with HIV/AIDS

This **one-day in-person training** will introduce non-physician providers to co-occurring disorders (substance abuse and mental illness) and their impact on people living with HIV/AIDS. The training will also review trauma and its impacts on care as well as “red flags” or warning signs that might indicate a problem with substance abuse and/or mental health. Participants will also be offered tools for making referrals for appropriate treatment for clients who may be experiencing co-occurring disorders.

**As a result of this training, participants will be able to:**

- Define the term “co-occurring disorders” as it applies to substance abuse and mental illness;
- Define the term “trauma” and how it impacts substance abuse, mental illness, and HIV/AIDS;
- List qualities important for a provider in working with people with co-occurring disorders;
- Define the term “red flag” and give examples from case studies; and
- Identify communication skills that help a provider make a referral for co-occurring disorders.

**Prerequisite:** None

**Format:** In-person

**Training Hours:** 6.5 hours
Overview of PrEP Payment Options

The goal of this **half-hour on-line training** is to build your capacity to assist clients with payment options related to HIV pre-exposure prophylaxis (PrEP). The training consists of three 20-minute modules followed by an opportunity to work through several common case examples. The format of this on-line training allows you to navigate directly to the modules of greatest interest to you.

As a result of this training, participants will be able to:

- Identify the key elements of PrEP and the costs associated with each;
- Identify resources to assist eligible clients with reimbursement for PrEP medication, medical appointments, and laboratory tests
- Determine which PrEP resources are available to a client based on insurance coverage, residency, and income level
- Explore common case examples of people needing financial assistance for PrEP.

**Prerequisite:** Basic knowledge of HIV and PrEP

**Format:** Online

**Training Hours:** 0.5 hours
Peer Workers: Promoting Primary Care and Treatment Adherence for HIV

This **two-day in-person training** is designed to increase awareness of Peer Workers about HIV primary care guidelines, the HIV Treatment Cascade, health insurance options, and treatment adherence. Peer Workers who are aware of HIV primary care guidelines and strategies for supporting treatment adherence can play an important role in improving the health outcomes of people living with HIV.

**As a result of this training, participants will be able to:**

- List the components of primary care for patients living with HIV
- Understand the HIV Treatment Cascade and how it informs their work
- Explain to patients the key elements of the annual comprehensive physical exam for patients living with HIV
- Explain to patients the importance of routine laboratory screening and assessments used in primary care for people living with HIV
- Recall the different classes of HIV medications and briefly describe how they work
- Identify common barriers to treatment adherence, including medication side effects
- List three specific strategies for promoting treatment adherence
- Understand the health insurance assistance programs regarding the treatment and care of PLWHA
- Recognize the impact of culture on accessing healthcare
- Work as a member of the care team to:
  - Help patients take advantage of health maintenance services, vaccination, and prophylaxis for opportunistic infections
  - Conduct client assessments and make referrals for a variety of psychosocial issues including substance use, mental health, domestic violence, smoking cessation, etc.
- Participate in case conferences.

**Prerequisite**: It is strongly recommended that participants have previous knowledge of basic HIV/AIDS information.

**Format**: In person

**Training Hours**: 13.0 hours
PrEP / PEP, Trauma and Sexual Health

This **one-day in-person training** will prepare non-physician health and human service providers and PrEP Peer Workers with the knowledge, attitudes, and skills needed to assist clients on PrEP. They have also experienced sexual trauma given the high prevalence of sexual violence and intimate partner violence (IPV). Health and Human Service Providers providing PrEP/PEP services will likely interact with clients dealing with past, current, or possible future sexual assault or IPV.

As a result of this training, participants will be able to:

- Maintain a supportive, compassionate attitude when a client reports past, current, or concern about possible future sexual assault or IPV.
- Identify resources for sexual assault and IPV and refer clients to these services when needed.
- Explain to a client that PrEP/PEP may be an effective HIV prevention option when an individual is afraid of a partner or cannot otherwise negotiate safer sex.
- Utilize a strengths-based approach to support the client's independence, resilience, well-being, safety, and ability to make choices.
- Identify best practices for exploring the intersection of trauma, fear, stigma, and ambivalence related to decision making around PrEP/PEP use.

**Audience:** Non-physician health and human services providers who work with clients/patients at risk for HIV or STIs, including prevention specialists, PrEP specialists, peer workers, case managers, care managers and coordinators, social workers, client services staff, and others.

**Prerequisite:** Sex, Gender and HIV/STDs and Trauma-Informed Care 101

**Format:** In-person

**Training Hours:** 6.5
Role of Non-Clinicians in Promoting PrEP

This **half-day in-person training or 1.5 hour online training** will prepare non-clinical health and human services providers to educate their communities about PrEP, work with clinical providers to expand access to PrEP and provide support to clients who are taking PrEP.

**As a result of this training, participants will be able to:**

- Deliver culturally relevant educational messages about PrEP to clients who may benefit from this intervention;
- Discuss the efficacy of PrEP in terms that clients can understand;
- Refer clients to a host of NYS, NYC, national and local resources regarding PrEP including the PrEP/PEP Voluntary Provider Directory;
- Identify resources to assist clients with reimbursement for PrEP medication, medical appointments, HIV/STD testing and other prevention tools such as condoms, sterile syringes, etc.;
- Integrate messages about PrEP into HIV/STD testing and other prevention services offered by the organization;
- Assist clients on PrEP with behavioral counseling and support daily adherence to the medication; and
- Partner with local providers that prescribe PrEP to promote easy access to PrEP.

**Audience:** Non-clinical health and human services staff who are:

- Involved in offering HIV testing, harm reduction counseling, prevention services, community outreach or adherence support;
- Working with individuals at high risk for HIV who have an opportunity to provide education or support regarding PrEP;
- Working in clinical settings who may have an opportunity to provide education or support around PrEP; and
- Peer Workers who work with people at risk with HIV and STDs.

**Prerequisite:** Participants should have prior basic training on HIV and STDs.

**Format:** In-person or online

**Training Hours:** 3.5 hours or 1.5 hours webinar
Role of the PrEP Peer Worker in Patient Navigation

This **two-day training** will prepare PrEP Peer Workers to help people navigate PrEP required testing, linkage to routine medical care and engagement in PrEP treatment, strategically using their lived experience to empathize with vulnerable populations and enhance service delivery. This training will review the New York State PrEP Peer Certification competencies related to explaining PrEP, providing up-to-date information on protocols for PrEP, (including new medication regimens, dosing schedules, etc.) and focus on building specific skills and strategies peer workers can use to conduct outreach and other activities to assist clients navigate the health care system.

**Overview of course objectives**

As a result of this training, participants will be able to:

- Explain PrEP, including what it entails, potential side effects, etc.;
- Strategically share personal experiences of using PrEP for HIV prevention to assist client with decision making, adherence, disclosure issues or discontinuing PrEP;
- Recall basic information from NYS Clinical Guidelines related to PrEP;
- Define barriers that prevent engagement in PrEP services;
- Conduct outreach to link priority populations effectively to PrEP services;
- Recall NYS AIDS Institute PrEP Peer Worker competencies related to linkage to PrEP and patient navigation;
- Outline strategies for assisting clients in navigating the complex maze of PrEP services, including medication, testing, harm reduction, medical appointments and adherence;
- Respond effectively to common client concerns about accessing and using PrEP;
- Identify best practices for assisting clients with decision making around PrEP services;
- Provide clients practical guidance regarding appointment scheduling, navigating the health care system and establishing a positive relationship with all members of their health care team.
- Support clients with stigma that they may experience in taking PrEP.
- Provide clients with harm reduction and prevention support.

**Audience:** PrEP Peer Workers

**Format:** In-person

**Prerequisite:** Although there is no prerequisite for this course, it is strongly recommended that participants have previous knowledge or training on basic HIV/AIDS information.

**Training Hours:** 13 hours
Safer Injecting and Wound Care

This one-day in-person training will build participant knowledge and skills to work with clients around safer injection practices and complications associated with injecting. This course will provide an overview of the basic anatomy of veins and arteries; the supplies and equipment used to inject drugs; common injection practices; basic care for injection-related infections and wounds, and harm reduction strategies for working with substance users and people who inject drugs.

As a result of this training, participants will be able to:

- Describe wounds and infections commonly associated with injection drug use;
- List the risk considerations for different injection sites (arms, hands, neck or groin) and methods;
- Identify strategies to prevent injection related infections and injuries;
- Describe basic wound care, and “red flags” requiring medical attention;
- Recognize strengths of substance users that can be used to promote evidence-based practices and reduce infection and fatal incidence; and
- Provide harm reduction counseling messages tailored to clients’ unique drug-using circumstances to more effectively engage PWIDs.

Prerequisites: It is strongly recommended that participants complete the course, Harm Reduction Approach Overview (full day in-person or webinar) or have some experience with harm reduction services prior to attending this course.

Format: In-person

Training Hours: 6.5 hours
Substance Use 101

This **one-day in-person training** will review basic information about substance use with a focus on why people use substances, common drugs people use, how these impact a person, and harm reduction and drug treatment options. The training will provide an overview of commonly used drugs (Cocaine/crack, heroin, marijuana, K2, MDMA, methamphetamine, etc.) and explain what they look like, cost, how they affect the brain, and risk factors for health. Participants will learn how tolerance and routes of administration impact the effects of drugs. Participants will learn how to use Harm Reduction methods to engage with people who use drugs and better understand their experience.

As a result of this training, participants will be able to:

- Use a Harm Reduction framework to identify risks and develop strategies for engaging PWUD in care, retaining PWUD in care, and for reduction drug related harms.
- Understand how tolerance, route of administration, and Drug, Set, and Setting impact the way drugs effect people who use drugs.
- Describe the effects of drugs to service providers and PWUD.
- Understand the continuum of drug use and how stigma, race, socioeconomic status, gender identity impact both people’s vulnerability to and capacity for effectively dealing with drug-related harm.
- Describe the drug treatment landscape in NYS as well as the requirements, benefits, and deficits of different types of treatments.

**Prerequisites:** None

**Format:** In-person

**Training Hours:** 6.5 hours
Supporting Sexual Health of MSM of Color

This **one-day in-person training** will explore the social factors that impact sexual and substance use behaviors among young men who have sex with men (MSM) of color. Health and human services provider will examine how these factors contribute to high rates of sexual and substance use risk behaviors among HIV positive and HIV negative MSM of color. As a result of this training, participants will be able to:

As a result of this training, participants will be able to:

- Recall the range of diverse identities, lifestyles and cultures of young YMSM of color
- Identify the social stressors and other internal and external influences experienced by young YMSM of color including stigma, discrimination and internalized homophobia and how they can create conditions that impact risk-taking behavior
- Describe the components of sexual health for YMSM of color that impact health and sexual behaviors
- Discuss the influence of social media around risk-taking behaviors and sexual health messages
- Identify strategies for engaging YMSM of color into sexual health services and how engagement is impacted by the principles of participation, accessibility, and equity
- Practice communicating about key prevention strategies such as status disclosure, treatment adherence, strategic positioning, early identification and treatment of STIs and others.

**Prerequisite:** None

**Format:** In-person

**Training hours:** 6.5 hours
Surviving and Thriving: Older Gay Men and MSM Living with HIV

This **one-day in-person training** will prepare non-physician health and human services providers to support older gay men and MSM with retention in medical care, achieving viral suppression and promoting behaviors that will prevent transmission of HIV to their partners.

**As a result of this training, participants will be able to:**

- Recall NYS-specific data which demonstrate the disproportionate impact of HIV on older gay men and MSM living with HIV/AIDS;
- Define retention in HIV care and viral suppression and explore specific challenges for older gay men and MSM;
- Define high impact HIV prevention and explore implications for older MSM;
- Recall how experiences related to “coming out”, stigma, social isolation, presence or absence of family/peer support and co-morbidities can impact participation in health care and prevention;
- Discuss options for health insurance coverage for older adults living with HIV; and
- List the ways a provider can support or enhance a client’s personal and social assets to ensure linkage to care, retention in care and treatment adherence.

**Prerequisite:** It is strongly recommended that participants have previous training in basic HIV and have taken the following AIDS Institute training: *Overview of HIV Infection and AIDS* (training offered at www.hivtrainingny.org) and have attended the training “**Working with Older Adults Living with HIV.**”

**Format:** In-person

**Training Hours:** 6.5 hours
Transgender Health 102: Addressing Barriers to Care for Transgender People

This one-day in-person training will provide an overview of the role of the non-medical provider in addressing the barriers to accessing health care that transgender and gender non-conforming people routinely face. This course will address participants’ values, attitudes, and beliefs about transgender people, and review best practices for creating a welcoming and safe environment for transgender clients. It will also help participants to improve communication skills needed to effectively engage a wide range of transgender people who are at risk for or living with HIV, STIs and/or Hepatitis C (HCV).

As a result of this training, peer participants will be able to:

- Define gender, gender anatomy and other sexuality terms, identities, and concepts used in transgender communities including transitioning;
- Identify personal values, attitudes and beliefs regarding transgender people;
- Describe barriers to prevention, treatment, and care for transgender individuals and why they are disproportionately at risk for HIV, STIs, HCV and other health issues;
- List at least three resiliencies (personal and social, modifiable and non-modifiable) that positively affect health outcomes for transgender people;
- State the concrete steps their agencies can take to remove structural barriers to care for transgender people (including non-inclusive intake forms, registration processes and ways to ensure a safe welcoming environment); and
- Demonstrate the ability to conduct a transgender-affirming risk assessment.

Prerequisite: Must have attended “LGBT Cultural Competency” or “Sex, Gender and HIV” offered by AIDS Institute Education and Training or equivalent course.

Format: In-person

Training Hours: 6.5
Webinar: Health Promotion for Older Adults Living with HIV

This two-hour webinar will provide an overview of how HIV progresses and affects the overall health of older adults. This information will then be related to how service providers can play a role in promoting and helping older adults living with HIV stay linked to care and maintain viral load suppression.

As a result of this training, peer participants will be able to:

- Recall some common characteristics and challenges older adults living with HIV face and how it affects the health of older adults living with HIV;
- State why HIV is different in older adults in comparison to their younger counterparts; and
- Describe how service providers can help older adults living with HIV maintain continuity of care.

Prerequisite: Although there is no prerequisite for this course, it is strongly suggested that participants have previous training in basic HIV and have taken the following AIDS Institute training: "Overview of HIV Infection and AIDS" (training offered at www.hivtrainingny.org).

Format: Online Webinar

Training Length: 2.0 hours
Webinar: Sexual Health of Older Adults

This two-hour webinar is designed to provide a comprehensive overview of sexual activity among older adults and the need for effective and tailored HIV/STI prevention messages to help improve sexual health. Data on the sexual activity and function of older adults will be provided from a number of sources, including ACRIA’s research with older adults.

As a result of this training, peer participants will be able to:

• Define the difference between sexual activity and sexual function of older adults;
• Recall reasons why providers need to develop tailored prevention messages for older adult clients;
• Discuss how prevention message burnout and the lack of age-appropriate messaging interferes with prevention campaigns targeting older adults; and
• Identify primary and secondary strategies that providers can use with their clients to help improve the sexual health of older adults and minimize sexual risk.

Prerequisite: None

Format: Online

Training Hours: 1.5 hours
Working With Older Adults Living With HIV

This 3-hour online webinar will provide an overview of the NY State epidemiological trends of HIV in older adults, an overview of sexual activity, social isolation, mental health and substance use issues and the impact of co-morbid conditions among those aging with HIV. This information will then be related to the HIV prevention, treatment and care needs of older adults living with and at risk for HIV.

As a result of this training, participants will be able to:

- Recall NY State epidemiology in adults over 50;
- State the most prevalent co-occurring illness and co-morbid conditions among older adults living with HIV;
- Describe ways to address Sex and Prevention Burnout Among Older Adults with HIV;
- Identify strategies that providers can use to address treatment and care issues for adults 50 and over living with HIV;
- Identify social isolation, mental health and substance use issues, that affect older adults living with HIV; and
- Offer strategies that address mental health, substance use, sexual risk, social isolation within this population.

Prerequisite: Although there is no prerequisite for this course, it is strongly suggested that participants have previous training in basic HIV and have taken the following AIDS Institute training: "Overview of HIV Infection and AIDS" (training offered at www.hivtrainingny.org).

Format: Online

Training Hours: 3.0 hours

Continuing Education Credits:

This training is provided under New York State Office of Alcoholism and Substance Abuse Services (OASAS) Education and Training Provider Certification Number 0305. Under the NYS OASAS Provider Certificate, this training is approved for 6.5 clock hours toward the education and training requirements for renewal of CASAC/CPP/CPS certification.